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Nick Arnold has been writing stories and books since he was a youngster, but never dreamt he'd find fame writing about poison. His research involved turning a teacher into a zombie and testing the vomit goblet and he enjoyed every minute of it.



When he's not delving into Horrible

Science, he spends his spare time eating pizza, riding his bike and thinking up corny jokes (though not all at the same time).

www.nickarnold-website.com



Tony De Saulles picked up his crayons when he was still in nappies and has been doodling ever since. He takes Horrible Science very seriously and even agreed to make friends with a black widow spider. Fortunately, he's made a full recovery.

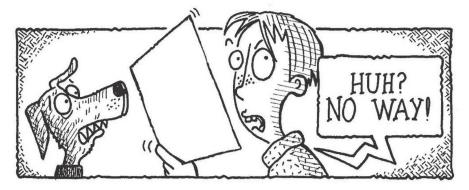
When he's not out with his sketchpad, Tony likes to write poetry and play squash, though he hasn't written any poetry about squash yet.

www.tonydesaulles.co.uk





EWARE! I'm worried that this horrible book could be too scary for you!



But this book's about poison and lots of people think poison is a scary subject. Especially if they drink poison by mistake – now that would be DEAD SCARY!



OK — but I have to warn you that this book is more scary than a chemistry class and more terrifying than a terrible test. In fact when we tried to measure the fear factor in this book by wiring it to a fright-detector, the machine blew up!

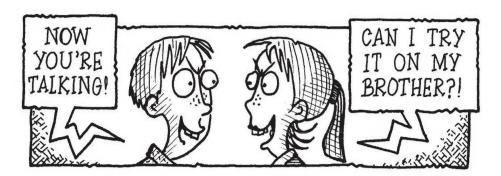
So it's sure to send shivers down your spine. Won't that put you off?



Yes, but this book is about the sick secrets of killer chemicals and the painful effects of drinking them. And it tells you which poisons turn people pink or blue or yellow and all about poisonous plants, snakes, spiders and other cruel creatures...

And then there's the seriously sickening stuff like

how to turn your sister into a mummy ... while she's still alive!



But I really shouldn't be telling you all this... Maybe I should take this book away?



Oh well, read on if you think you're brave enough. BUT DON'T HAVE NIGHTMARES!



et's start with a *seriously* scary fact. The whole world is oozing and dripping and squelching with poisons...

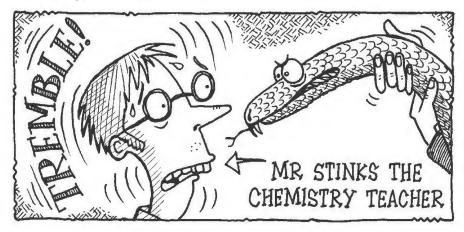
• There are poisonous gases.



• And poisonous plants.



• And poisonous animals.

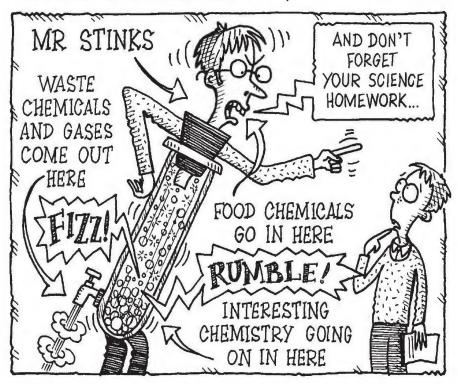


But what is a poison? Well, read on — you're about to find out!

SO WHAT IS A POISON?

A poison is a substance that upsets the chemical workings of your body. To show you what I mean, let's turn Mr Stinks the chemistry teacher into a giant test tube... Like any other human body, Mr Stinks' test-tube

body is fizzing with billions of chemical changes (or "reactions" as scientists call them).



But poisons mess up these crucial chemical changes. You can imagine a chemical reaction as kids playing a playground game. It might look like chaos, but the game has rules and everyone has a part to play. A poison is like a gang of bullies rampaging through

the playground. The bullies chase away the other kids, take over the game and play it to rules that they make up themselves.

In other words, pesky poisons ruin reactions!

SO WHY IS A POISON DEADLY?

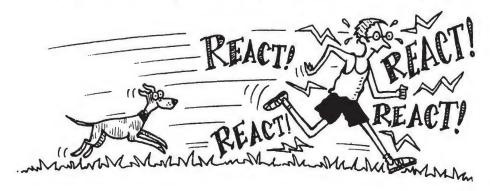
Without chemical reactions, the poor old body can't stay alive. Let's just take another peek at Mr Stinks. He needs chemical reactions every time...

His brain sends signals to his muscles.



- His muscles move when and where he wants them to.
- His guts digest his food.

• His body makes energy using sugar from his food and oxygen from the air. (The body needs energy to stay alive and power more chemical reactions.)



But if these chemical reactions get messed up by a poison, they may not happen. And Mr Stinks' body might not work properly or even grind to a halt ... forever.

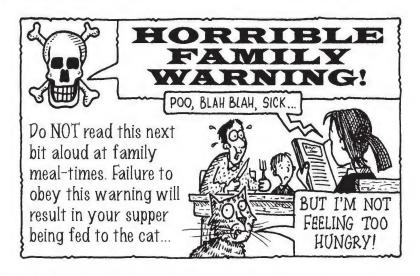
THE LETHAL LOW-DOWN ON TYPES OF POISON

Now, as I said, the world's full of poisons — here are some of the main types...

- Poisonous gases such as carbon monoxide and chlorine – page 68 and page 75 will leave you breathless.
- Poisonous metals such as lead and mercury. You can dig them up on page 89 and page 94 but don't take a shine to them!
- Poisonous substances called metalloids these include arsenic and antimony. They're on page 102 and page 99, but don't forget your sick bag!
- Poisons made by plants such as deadly nightshade.
 You can gasp at the gruesome greens in your garden on page 113.
- Poisons made by bugs and animals including the black widow spider and the green mamba snake page 132 will have you howling with horror.
- Acids like nitric acid (see on the next page) and alkaline chemicals such as drain cleaner. These are

so strong they can actually dissolve you. And page 178 is fizzing with facts about them.

Of course, some poisons have even more horrible effects than others...



- Phosphorus (page 98) makes poo and sick glow in the dark.
- Nitric acid causes white frothy snot, burning pain and other effects too revolting for a respectable book like this. Victorian doctors used watered-down

nitric acid as an anti-itching lotion — but that was a gloopy loopy lotion notion!

• Sodium nitrite stops the blood from taking up oxygen. Oxygen gives the blood its cheerful red colour and without it the body turns bright blue.

But before we go any further there are some people you must meet. They're our very own poison experts, Count Orlando Vomito and his assistant Donna Venoma...

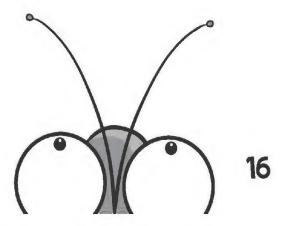


So what's your favourite poison, Count?



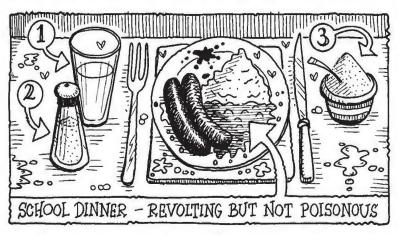
BET YOU NEVER KNEW!

The world's most deadly poison is called botulin, and it's made by a type of microbe. Botulin is so fearsomely fatal that just one tiny teaspoonful of the poison is enough to kill TWO BILLON people if injected. In 2013 scientists found an even more deadly type of botulin – in the poo of a poison victim.



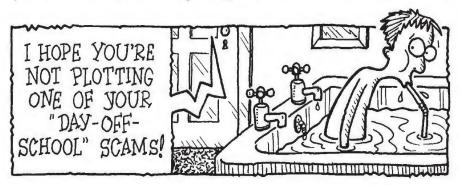
A SURPRISING AND SCARY FACT ABOUT POISONS

Don't panic! Are you sitting calmly? Good — I don't want to worry you but you probably eat and drink poisons regularly! In fact, I'm sure you had some today! I said, DON'T PANIC! Your lunch didn't kill you, did it? These chemicals are only poisonous if you have too much of them at once...

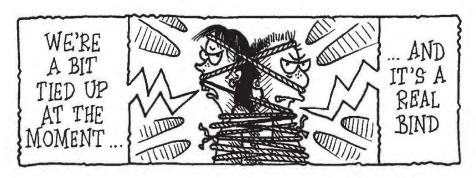


1 Water is a poison! If you drink too much of it you upset the chemistry of your nerve signals. You feel confused and tired and can't stay awake. Death can

follow. But don't worry — feeling like this on a Monday morning is nothing to do with the glass of water you drank on Sunday night! Water is only poisonous if you slurp huge amounts in a few hours.



2 Salt contains not one but *two* poisons – sodium and chlorine. The poisons are bound together in the salt like two tied-up bullies.



But if you ate too much salt (and we're talking about quite a few tablespoonsful) it could upset the working of your nerves, with fatal results.

3 Sugar is a poison! It draws water from your body bits into your blood. And when your poor old body tries to get rid of the sugar by weeing, it dries out even more. Sugar can dry out a microbe and shrivel its slimy little body. But DON'T PANIC — since you're a lot bigger than a microbe, you'd need to scoff LOADS of sickly sugary sweets before you suffer this fate...

To find out how much sugar is poisonous, let's spoil a teacher's day armed only with a sticky bun and a sickly smile...

TEACHER'S TEA-BREAK TEASER

You will need: A sticky bun A sickly smile

Knock politely on the staffroom door. Smile sweetly and offer your teacher the sticky bun. (Make sure you haven't taken a bite out of it first.) When your teacher bites the bun, you say...



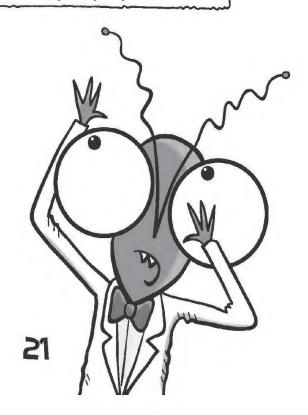
Take a few moments to enjoy the sight of your teacher turning green and clutching their throat ... and then explain that the bun contains sugar which can poison you.

And if you're feeling kind you can go on to explain that you need to eat an awful lot of sugar before it kills you. I mean, your teacher would have to scoff about 100 sticky buns before they suffered the full fatal effects. And NO, you can't add 200 tablespoonfuls of sugar to your teacher's tea (or any other substance, including salt or anticonstipation pills). And if you do, you'll probably get extra science homework for life ... in prison!

HORRIBLE HEALTH WARNING!

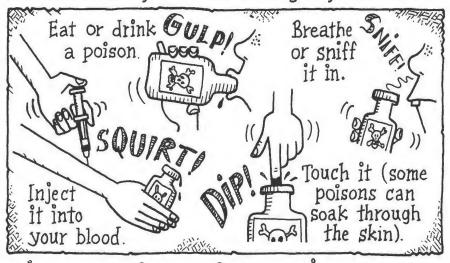


NEVER try poisons or give them to anyone else — ever! Poisons can kill people and people who mess with poisons are dead stupid ... and sometimes end up stupidly dead.



HOW NOT TO GET POISONED!

Poisons are only deadly if they get into your body — and that means you're safe as long as you DON'T...



BET YOU NEVER KNEW!

In Denmark in 2000 a gang of girls sneaked into a toilet to sniff butane gas. These girls had the brain power of an absent-minded woodlouse. Butane is a poisonous gas used for cooking, so it burns easily. Guess what happened when one of the girls lit a cigarette?



Well, what do you expect? Smoking is BAD for you! And the girls were smoking non-stop after they caught fire. As I said, taking poison is stupid and those girls were playing with fire.

BUT NO MATTER HOW SENSIBLE YOU ARE, ACCIDENTS CAN HAPPEN

And if they do I bet you'll be glad you read this next bit about what to do if someone gets poisoned. But before you start, I'd like to say a BIG thank you to our guests, New York private eye MI Gutzache and his faithful dog, Watson.

MI Gutzache has agreed to act the part of a poisoned person. Don't worry, Watson, he's just pretending!



IF THE PERSON ISN'T AWAKE...

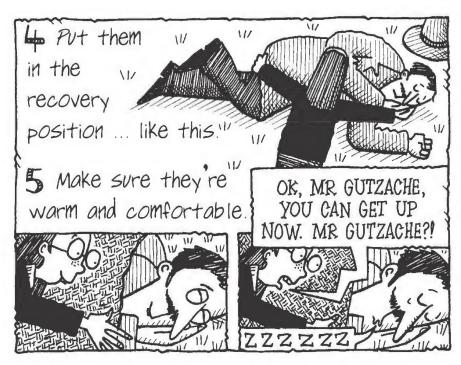
I Can you see what they've taken? Look for poison bottles, half-eaten food, etc. Are there any stains on their skin or clothes?

2 Dial 999 FAST and tell the experts EH? what's happening. Take their advice.

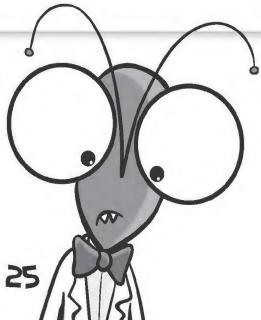
3 Check the {YUCK!} person's mouth for bits of food or false teeth or anything that might make them choke.

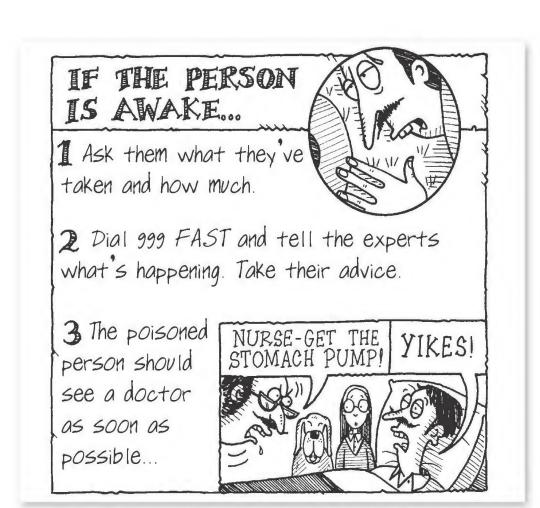






Hmm – looks like we've made him a bit too warm and comfortable!

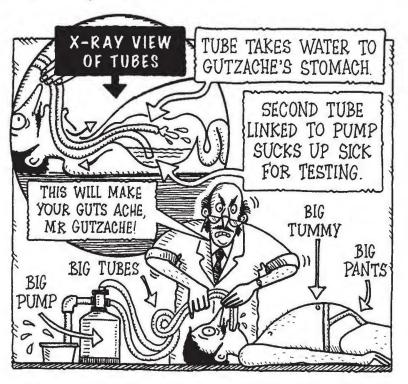




The doctor treating Gutzache is our medical expert for this book — Dr Grimgrave. Just don't try to make Dr G laugh — he hasn't got a sense of humour!

Doctors often give poisoned patients a substance called activated charcoal to soak up poisons in the stomach. But Dr G is using a stomach pump to suck

up poisoned sick ... DON'T TRY THIS AT HOME – and definitely not at mealtimes!



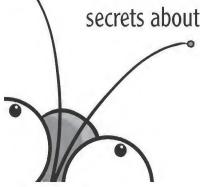
Oh dear! Poor Mr Gutzache — he wasn't really poisoned but Dr Grimgrave gave him a real poison treatment! Oh well, cheer up Mr Gutzache. Getting sick sucked out of your body isn't as painful as a dose of poison. Read on if you don't believe me...



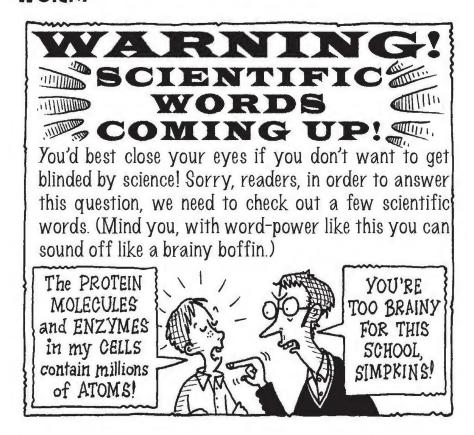
ount Vomito is keen to show us the effects of some of his rather large collection of poisons. And that's handy because this chapter is all about what poisons do to the body. All we need is a volunteer to test them on...



And now it's time for some sickeningly scary secrets about how poisons work...



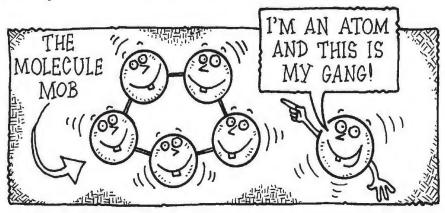
HOW DO DIFFERENT TYPES OF POISON WORK?



NEARLY ALL THE SCIENCE WORDS YOU NEED TO MAKE SENSE OF THIS BOOK

ATOMS — Tiny blobs of matter that make up everything, including you.

MOLECULE – A group of atoms that join up to make up a chemical. It's a bit like you hanging out with your mates at school.



PROTEIN (pro-teen) — A type of molecule found in living things.

ENZYME (en-zime) — A type of protein that speeds up chemical reactions in the body. Without them the body's chemical reactions would be too slow to keep you alive.

CELLS – Your body is made up of billions of microscopic cells...

AND HERE'S HOW POISONS WORK...

- Some poisons, such as cyanide (see page 128), block key enzymes, so the body dies.
- Nerve poisons mess up nerve messages from your brain to your muscles. So vital orders such as "KEEP BREATHING" don't get through. Evil examples include nerve gas (page 79).
- Some poisons dissolve body bits. These poisons are either acid like sulphuric acid (found in car batteries), or alkaline such as oven cleaners (see page 179).
- And then there's irritant (irr-rit-tant) poisons. These poisons are irritating, like a little brother (only much more so). Irritating brothers make you feel sore and drinking irritant poison can make your guts sore and your stomach vomit. One especially irritating poison is arsenic (see page 102 for the painful particulars).

5 Narcotic (nar-kot-tick) poisons such as morphine (mor-feen) knock the victim out. But some, like strychnine (strick-neen) (see page 126), also have a nasty irritant effect or poison the nerves into the bargain. So the poor poisoned person gets double the trouble!

BIG PROBLEMS FOR LITTLE ANIMALS

But the way a poison works doesn't just depend on what poison it is. The amount of poison you've taken is also vital. Or to be more exact — how much you've taken *compared to your size*.

If you wanted to poison an elephant with a poisoned bun, you might need a bun the size of a football. But you can murder a mouse with a bun no bigger than a sugar lump. And to prove this point, the Count has set up an evil experiment

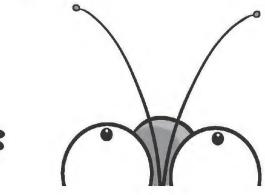
involving MI Gutzache, an over-friendly fly and a container of fly spray...

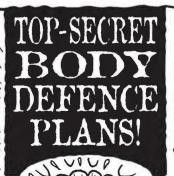


FORTUNATELY, GUTZACHE ISN'T KILLED. ALTHOUGH HE'S HIT BY ENOUGH FLY SPRAY TO KILL A FLY, HE WEIGHS 100,000 TIMES MORE THAN A FLY SO IT WOULD TAKE 100,000 TIMES MORE POISON TO FINISH HIM OFF

THE BODY STRIKES BACK

All this talk about how poisons poison people sounds seriously sickening but you'll be pleased to read that you're not completely defenceless. Your battling body has a few secret plans up its sleeve although they're a bit sickening too...





(Don't let a poisoner see this on pain of death!) Message from the brain to all body bits...

IT'S DEATH IF WE CAN'T A
GET RID OF POISON, SO
MAKE SURE YOU KNOW
OUR PLANS OF ACTION!

ORRRRR

IMPORTANT WARNING!

These plans only work with small amounts of not totally deadly poisons such as antimony or arsenic. If there's lots of poison our defences will be overwhelmed. And if the poison's deadly enough to kill in minutes there won't be time to go through all our plans! Go straight to PLAN F!

The body eats or drinks some poison. The stomach and guts try to clear the poison by vomiting and diarrhoea. If the poison gets from the guts into the blood, try...





Now I bet you'd love to read how your life-saving liver can rescue you from a painful poisoning peril. Well, here's your chance...



Painful poison fact file

Name:

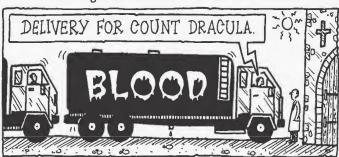
The life-saving liver

The basic facts:

1 Your liver weighs as much as a bag and a half of sugar (about 1.5 kg) and snuggles under your ribs on the right side of your body.



2 The liver is like a sieve filtering your blood. In just five minutes it can filter all the blood in your body. In a year it filters enough blood to fill 23 milk tankers.



3 What the liver's after is vital chemicals you need to stay alive — such as vitamins. But it also filters out harmful poisons and treats them chemically to make them safer.





4 Some poisons are sent to the kidneys in the blood and got rid of in wee. Other poisons are chucked out in a digestive juice called bile. They end up in poo.

The painful details:

1 At any time, the liver can only deal with small amounts of a poison. Too much poison can be too much for the liver. Poisons that are especially dangerous for the liver include phosphorus and some mushroom poisons.
2 If the liver is damaged it can't do its job. Waste chemicals that should go out in the bile turn the skin and eyeballs bright yellow.

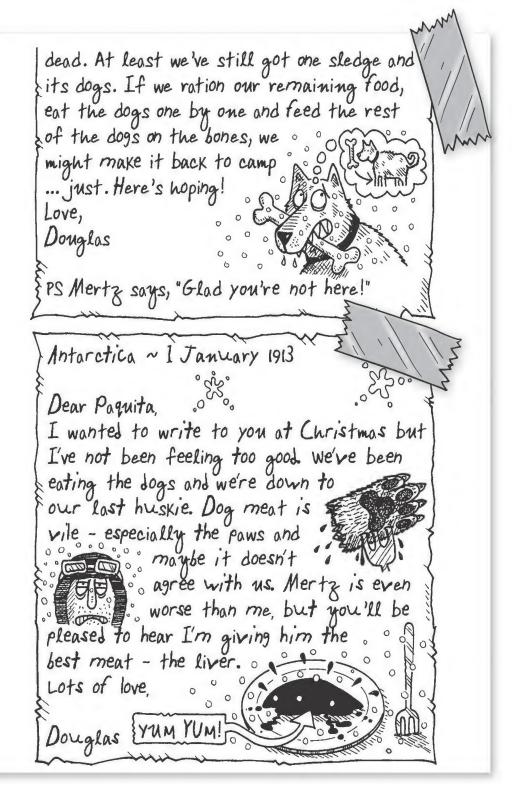


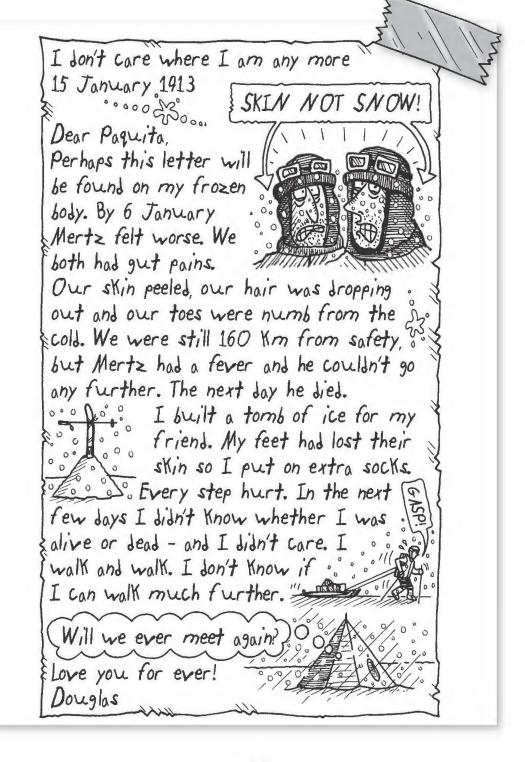
Remember how those lovely useful substances like water and sugar can be poisons if you take too much? Another too-much-of-a-good-thing chemical is vitamin A. You can find vitamin A in fish, eggs, butter, milk and carrots. And since it's stored in the liver — guess where else you can find it! That's right,

in *liver!* Without the vital vitamin you suffer from skin problems and poor eyesight in the dark. But if you have too much, it can *kill*. Australian explorer Douglas Mawson found this out the hard way. Here are the letters he might have written to his girlfriend...









Antarctica 8 February 1913 Dear Paguita, You'll never guess what happened! Somehow I found my way to an ice cave where I knew some food was stored. Outside a storm raged. I couldn't leave the cave even though the camp was just 8 km away! At last the storm cleared and I set off. I stumbled over a rise and saw the camp ... and the ship os sailing away. I stared of after it in horror. They've given up waiting, I o " thought. If they don't come back I'm a dead man... I staggered into the empty camp. I gazed at the empty camp in despair. And that's when I saw the men who had stayed behind to wait. I yelled and waved my arms. I looked so bad they didn't know who I was! When I looked in the mirror I didn't know

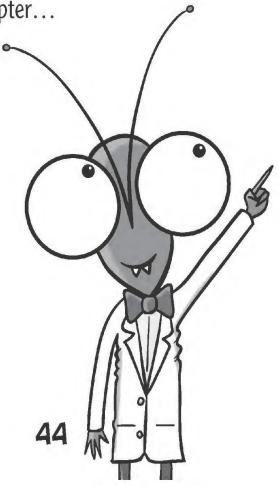


THE HERO'S RETURN

You'll be delighted to know that Douglas Mawson and the other men were able to call the ship back by radio. He returned to Australia a hero and Paquita still wanted to marry him...

But what was the mystery illness that killed Mertz and almost destroyed Mawson? Although no one knew it at the time, they'd been poisoned ... by liver. The dogs were Arctic huskies. Like most Arctic animals, they store huge amounts of vitamin A in their livers. Enough to cause gut pain, sickness, skin and hair loss if you ate it. Easily enough to kill a man.

Douglas Mawson was the lucky one — he lived because he didn't eat too much liver. And at least his story had a happy ending. Unlike the terrible tales in the next chapter...

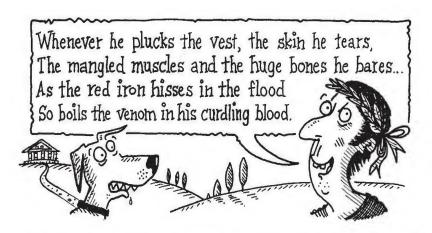




f there's one thing more scary than poison, it's a horrible human armed with a poison. Here are some painful tales of how people have used poison.

Thousands of years ago, and no one knows quite when, humans learnt to use poisons for weapons. Native peoples as far apart as Japan, South Africa and South America used poisoned weapons for hunting.

The ancient Greeks knew about poisoned arrows and how poison can get through the skin. In one of the legends about Hercules, the Greek superhero and strong man gets killed by a poisoned vest. The Roman poet Ovid put it a bit more bloodily...



What a great poem! Why not read it in an English class and watch your teacher run out of the room with her hand over her mouth! (By the way, venom is a poison made by an animal.)

Understandably Hercules decided the only way to stop the pain was to burn himself alive — which he did with the aid of a friend. But all wasn't lost, because the gods let him into heaven where he married a goddess. So that's all right then...

Although the story of Hercules is just a story, the ancient Greeks and Romans knew lots about how to poison people. Here's just one case from thousands...

POISON MURDER CASE FILE



VICTIM'S NAME: Agathocles JOB: King of Syracuse DATE: 289 BC PLACE: Sicily POISONED BY: His grandson

HOW POISOMED: He was using the pointy tip of a feather to clean bits of food from between his teeth. But the king's wicked grandson had dipped the feather in poison. The poison stopped the king from moving (it might have been a type of nerve poison). Everyone thought the king was dead so he was given a traditional ancient Greek funeral. His body was burned but he was still alive!

In those early days the most deadly poisons often came from plants. One popular plant poison was hemlock. In 399 BC Greek philosopher-teacher Socrates (469-399 BC) was sentenced to drink hemlock for "corrupting the youth of Athens". The poison seemed to creep up his body, as his pupil, Plato, recalled...



The teacher lay down. The man with the poison squeezed his foot. Socrates said he felt nothing. He said that when the poison reached his heart he would be gone.

But all the time he was awake and his thoughts remained clear. Perhaps that's the cruellest thing about hemlock poisoning.

-

BET YOU NEVER KNEW!

There's no point in daydreaming that your teacher will drink poison. No, it's already happened! In 1928, Hungarian teacher Leo Bruck was teaching his pupils about the death of Socrates. To show what happened he drank some poison ... and died. While we all like teachers who liven up lessons, this could be going a bit too far!

Poisons were often used to bump off important people. In 16th-century Italy poisoning was so common that some people killed people for a living!

POISON MURDER CASE FILE



VICTIM'S HAME:

Bianca Capello

JOB: Poisoner

DATE: Sixteenth century

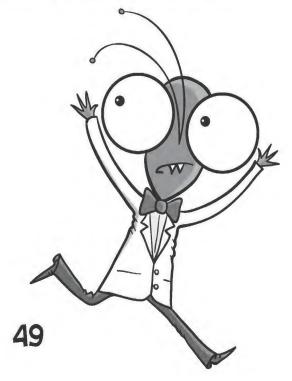
PLACE: Florence, Italy

POISONED BY: Herself

HOW POISOMED: She was trying to poison Cardinal Ferdinand with a orather tempting poisoned tart. But the clever cardinal switched the sweets and Bianca bumped herself off by mistake.

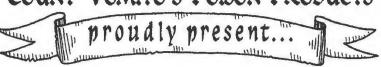
By Bianca's time, poisons had even become fashion items... We'll be back after the commercial break.

Don't go away!





Count Vomito's Poison Products



The Katal Kashion Poison Jewellery Catalogie:

Why not order the latest in our range of delightfully deadly designer jewellery? You can poison your enemies whilst looking really glitzy! IT'S FASHION TO DIE FOR! Everything the well-dressed poisoner needs, including...

POISON RINGS
Store the poison in your ring and put a few drops in your enemy's drink. It's guaranteed to break the ice at parties!





POISON NECKLACES

Supplied complete with a little locket and some poison to put in it. All poison is guaranteed 100% deadly and if you get caught you can always try it on yourself. Satisfaction guaranteed or your money back (if you're still alive, that is!).



Tasteful black and orange colour to go with your favourite outfit!



-000 THE SMALL PRINT 0000

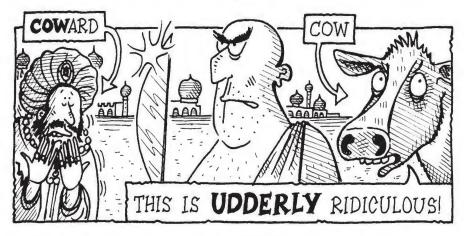
This necklace is made out of poisonous rosary peas.

The poison (abrin) causes vomiting, liver failure and death.

So don't chew your necklace or you could end up resting in peas, I mean, resting in peace.

With so many pesky poisoners about, powerful rulers were dead scared of poison and some were mad scared of it... Sultan Abdul Hamid of Turkey (1842–1918) was especially nervous:

- He only drank water from a secret spring.
- His cow had its own bodyguard to protect its milk.



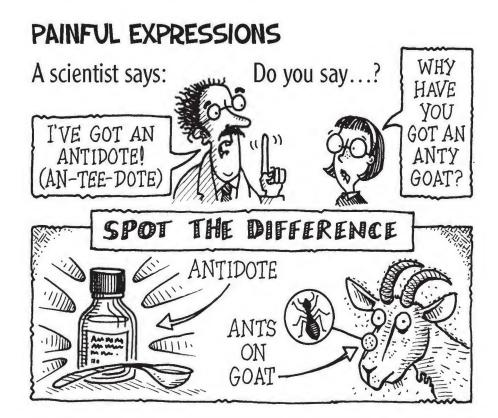
- He would only touch food if it had been tested on his food taster AND a cat or a dog.
- He would only put on clothes if they had been tried on by a slave to make sure there was no poison on them.

• His palace was surrounded by a town where 20,000 spies lived. The spies had to spy on each other and make sure none of them were plotting to poison the scared sultan. And just in case the spies didn't spy hard enough there were thousands of parrots — they had to squawk if they saw strangers sneaking about.



You might like to know that awful Abdul was eventually kicked out by the Turkish people when they got tired of his weird ways — but at least he wasn't poisoned!

What these rattled rulers really required was some remedy for poison. But what?

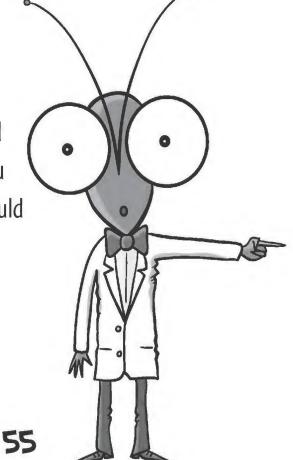


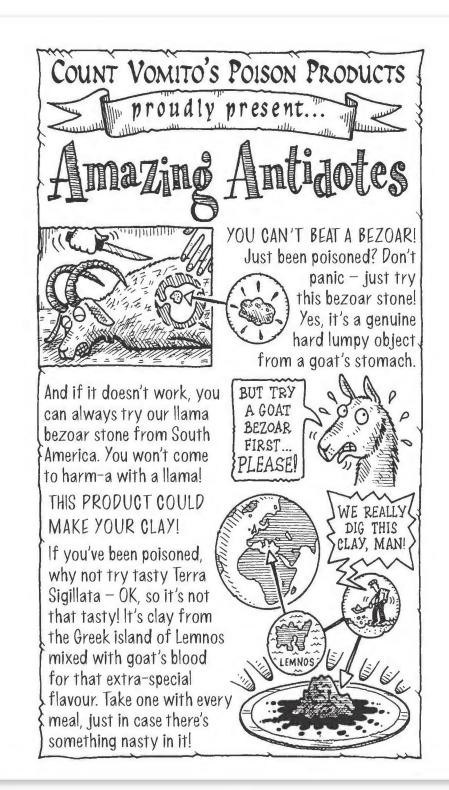
That's right — he said DOTE, not *goat*! An antidote is a substance that stops a poison. Mind you, goats did feature in early antidotes, as you're about to find out...

AMAZING ANTIDOTES

The antidote molecules stick to the poison molecules and stop them doing any harm in the body. Just imagine the poison as a nasty gang of kids looking for trouble. The antidote is a group of nice kids who stick close to the nasty kids to stop them getting into mischief.

In their desperate search for antidotes, important people tried all kinds of weird and wonderful stuff. Do you think either of these would actually work?





Still wondering which cure worked? Well, it so happens that both substances have been tested on people. If they worked they could save lives — but if they didn't ... well, let's just say the results were revolting. Ready for a taste of terror?

King Charles IX of France (1550–1574) was thinking of buying a bezoar stone from a Spanish lord. So the king asked his top doctor Ambroise Paré (1510–1590) if the stone was any good. The doctor decided to find out. A cook was about to be executed for stealing and the doctor asked the crooked cook if he would like to swallow poison and the bezoar stone instead. The cook said, "Yes, please." He drank the poison, swallowed the stone and died in agony. The doctor cut open the cook's body and pulled out the stone. Here's what he said to the King...



Meanwhile in Germany, the curious clay was put to the ultimate test and once again a human life was at stake. I've made up some details, but the basic story is TRUE!

A TESTING TALE

Langenburg, Germany, 1581

I must die and I know it. I'm a thief — what's the point in denying it? I've broken the law and I must be hung. And yet — I'm too young to die! I know about medicine. Maybe I'll make a great discovery one day \dots if I live!

"Mercy!" I beg the judge. "Spare my life — I'll never steal again." My mum is crying, my friends and cousins are crying, even my dad is crying.

But the old judge shakes his head. "It is the law," he says sternly. "You will die tomorrow."

My heart races and my mouth dries. The guards grab my arms. They're about to drag me back to my prison cell. Just then an idea flashes into my head. It sounds mad — even to me...

"Please – grant me one last request!" I cry.

"Well?" says the judge. "Make it quick — I haven't got all day."

"Let me take poison, I'll take anything — I'll take the worst poison you can think of..."

"Poison?" frowns the judge.

"But that will be far more painful than being hung. You're not making this easy for yourself, young man!"

"I know," I plead. "But let me also take some clay. Call it an experiment — and if die it will save you the cost of a rope!" The judge whispers to his usher and the usher whispers to the public executioner. There are shouts of "Let him try, let him try!" from my family.

Finally the judge nods his head.

"Very well you may take mercuric chloride. But I must say you are choosing a worse death for yourself."

Late that night...

I am alone in my cold cell. As I stare at the slimy stone walls I can't get the judge's words out of my head. Tomorrow I must open my lips and swallow a spoonful of jam laced with poison. Just a tiny spoonful of poison — but that's enough to kill six men — nastily.

I gulp — I try to swallow, but all the muscles of my throat have locked together. I know what the poison can do. I will dribble and roll around in agony as the poison burns my insides. I'll vomit and gasp for breath. It could take hours, but in the end I'll die in terrible pain. My only hope is the clay — but will it work? I don't want to sleep but somehow I doze off in the cold, dark hour before dawn.

The next morning...

It's time. I stand on a platform in the main street. It's a grey winter's morning but, despite the chill wind, the whole town is watching. My mum is still crying. I am so scared — my body is filled with terror. I can't listen to the court usher's speech. I look at the poison and the spoon and a glass of wine.

The usher ends with a warning... "If he lives he will be set free. But if he dies he will not be a pretty sight. You may want to leave now..."

I wish I could leave now. I gaze at the crowd. They're whispering and shuffling their feet. But no one is leaving.

The executioner puts the spoon to my lips. I open my mouth and take the poison. I can taste the soft, sweet jam and the horrible metal taste of the poison — it burns. I swallow. The crowd gasps.

I stare at the clay. It's no bigger than my thumbnail. The executioner drops the clay in the wine and hands me the cup. The pain is worse now. I must swallow the wine fast. Maybe it'll stop the burning...

NO – IT'S NOT WORKING!

The poison is racking me, burning me up inside.

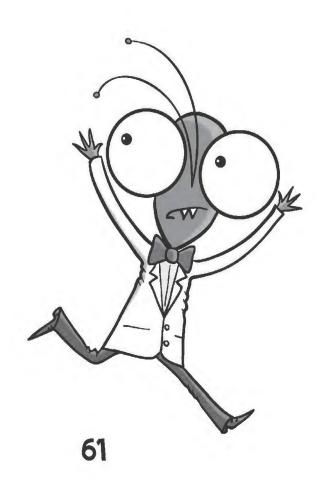
I close my eyes. I can't ... stand it ... any more!

And then ... somehow the pain is easing. Am I dying? I open my eyes.

I am weak and sick. My face is cold and clammy. I take a long ragged breath. It hurts — but I know I'm going to live.

The magic clay has saved me.

The clay works like activated charcoal. It soaks up some poisons so that they can't get into the blood. (Actually, charcoal works better than clay.) But there are some poisons for which clay and charcoal are as useless as a bat that's scared of the dark. I'm talking about the grisly, gasping, ghastly poisons in the next chapter...





SAFETY WARNING

If you smell something nasty DON'T PANIC! Chances are that sickening stink is wafting from your pet dog or your little brother. And it's nothing to do with this chapter. Even so, you may need this item of safety equipment.



There's something especially scary about poison gas, isn't there? You think the air you breathe will keep you alive — but with poison gas it has the opposite effect. Mind you, you're breathing poison gas at this very moment! *Oh yes, you are!*

TEACHER'S TEA-BREAK TEASER
You'll need a large handkerchief and
a lot of courage. Knock on the
staffroom door and put the hankie to
your nose. Your teacher may not be
overjoyed to see you after the
sticky-bun incident, so smile sweetly
and ask them how they're feeling.
Your teacher will stare at you
suspiciously before muttering, "OK, I
suppose." At which point you can say...



Take two seconds to enjoy the look of panic in your teacher's eyes before...

- a) Running off at high speed chased by a maddened teacher.
- b) Explaining that air contains oxygen and oxygen is a poison!

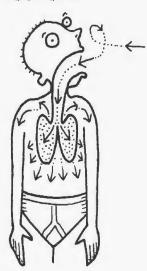




Painful poison fact file

Name:

The basic facts:





Deadly oxygen

1 Oxygen makes up 21% of the air you breathe. It has no colour, no taste and no smell — but it's there. And you need it to stay alive.

2 Oxygen is breathed in by your lungs and taken on a tour of your body in your blood. It's needed to help your cells make energy.

3 The oxygen you breathe is usually in the form of a molecule made up of two oxygen atoms. To understand how they affect the body, just imagine terrible twins muscling in on playground games and spoiling them.

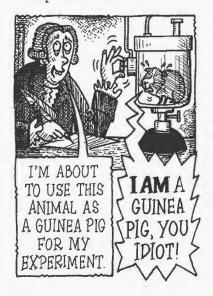
4 OK, so you'd put up with one set of twins — but not billions of them. Too much oxygen means loads of murderous molecules messing up the vital chemical reactions that keep you going.







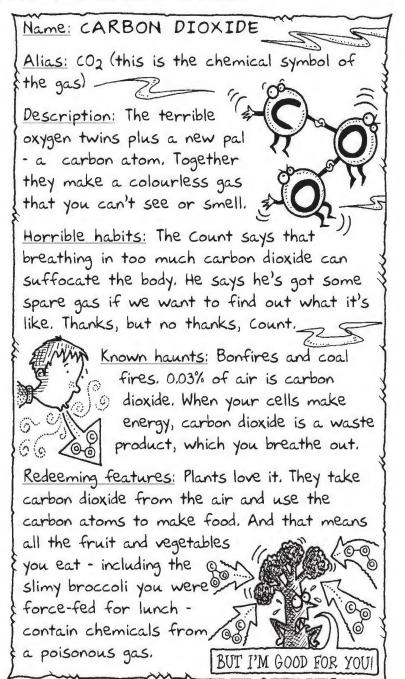
The painful details:



5 That's why your body puffs out most of the oxygen it breathes in without using it. The oxygen your body does need is locked in red blood cells until it gets to your cells. 1 The first scientist to find out that oxygen was poisonous was French chemist Antoine Lavoisier (1743-1794). He put a guinea pig in 100% oxygen - and you can guess the rest. 2 In 1951 doctors gave tiny newborn babies lots of extra oxygen to help them breathe. But Australian doctor Kate Campbell warned that this was harmful. She was right the oxygen damaged blood vessels in the babies' eyes and thousands of them lost their sight.

So that's oxygen for you. You can't live without it and you can't live with too much of it! But those naughty oxygen twins also get into the wrong kind of company and make different poison gases. And here are the painful results...

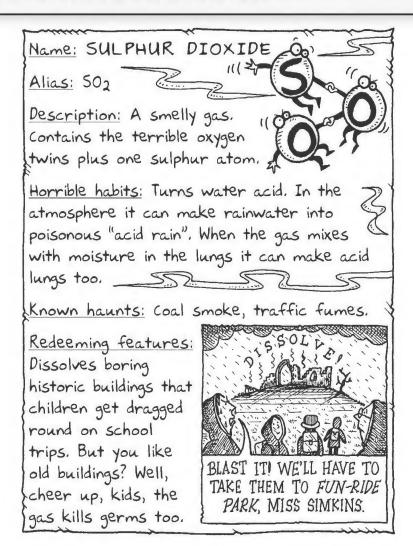
THE GRUESOME GUIDE TO POISON -PART 1 GASPING GASES

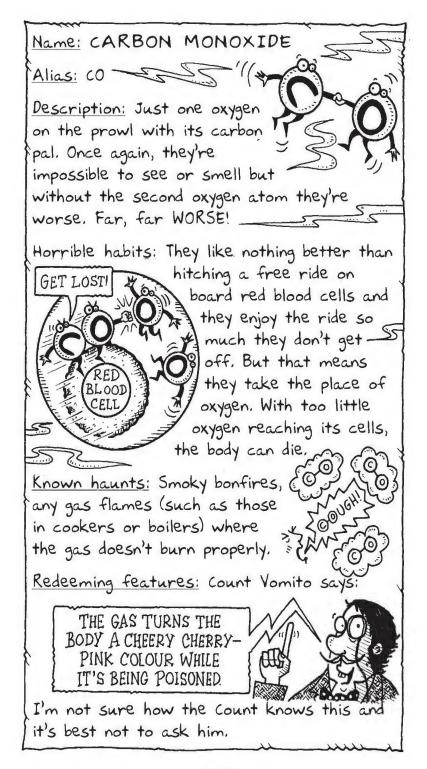




BET YOU NEVER KNEW!

Another gas that can smother the body is methane. Your gas central heating or cooker probably burns methane, but the gasping gas is also made by germs in the guts and escapes in the form of farts and burps. In 1993 a man ate a massive meal of beans and cabbage and went to sleep in an air-tight room. He gassed himself with his own methane farts.





Poison Murder Case File



VICTIM'S NAME: Michael Malloy

JOB: Tramp
DATE: 1933

PLACE: New York

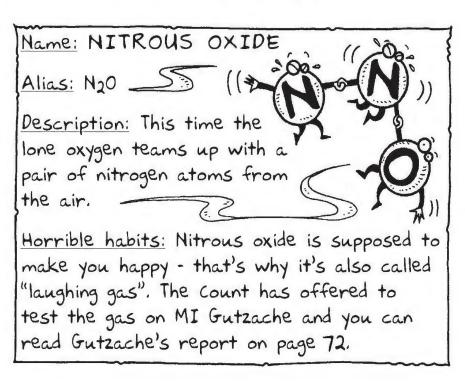
POISONED BY: Bar owner Tony Marino, his barman Daniel "Red" Murphy and undertaker Frankie Pasqua.

HOW POISONED: Tony and Frankie were down on their luck. Tony's bar wasn't making too much money and Frankie's funeral business was dying on its feet. So they decided to poison the homeless tramp and claim a big insurance payout. Trouble was the tramp didn't die. They gave him...

- Antifreeze to drink. Malloy glugged it down and asked for more. DON'T TRY THIS AT HOME! Antifreeze is deadly even in small doses.
- Rotten sardine sandwiches and rotten oysters. Malloy asked for seconds.

At last, after failed attempts to run Malloy down and freeze him to death, the gang gassed the tramp with carbon monoxide. But the cops were hearing bad stories about Tony Marino and the boys. So they dug up Malloy's body and its pink colour proved how he'd died. The corpse might have been in the pink but the gang looked a lot less healthy when they were executed the following year.

Carbon monoxide is a real danger, so if you have gas heating or a gas cooker, it's a good idea to pester your parents to get a carbon-monoxide detector. It's a serious matter — but at least poison gases have their funny side. It's true! There's one type that makes you laugh and act rather silly — the Gruesome Guide has the full funny facts...



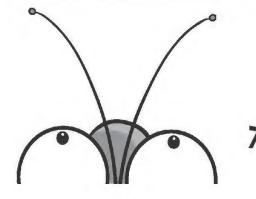


Known haunts: Car exhausts ... and thunderstorms.
Lightning causes a chemical reaction that combines nitrogen and oxygen in the air to make the gas. But prancing around in a thunderstorm isn't likely to cheer you up. And you definitely won't be smiling if you get struck by lightning!

Redeeming features:

A bit of nitrous oxide relaxes the muscles and lowers the blood pressure. The gas can be mixed with oxygen to numb pain during an operation or when a woman gives birth.







The laughing private eye

REPORT BY MI GUTZACHE

"So the gas is harmless?" I asked. I had to know - I may be short of the greenbacks but I figured dying could be a bad career move.

The Count looked kinda shifty. "It depends on the dose," he said. "Of course we could test how much gas would be fatal."

I took the job anyhow. "But just a little sniff," I said. I figured it couldn't do no harm. So I was wrong.

When I sniffed the gas, colours seemed brighter and the ends of my fingers tingled and went numb. And then I got happy - I hadn't felt this happy since I busted Tony "Big Cheese" Mozzarella for the Pasta Poison Plot. Jokes ain't my game but I found myself laughing at some dumb wisecrack the Count made...

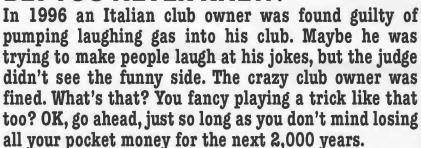


I was laughing so hard I banged my head. But I didn't feel no pain!

IMPORTANT ANNOUNCEMENT

We would like to deny rumours that Horrible Science books have been sprayed with laughing gas in a pathetic attempt (ho ho!) to make you laugh at the painfully corny jokes (giggle, snort). This is a laughable, HA HA HEE HEE! lie. And anyway, someone's already tried it...

BET YOU NEVER KNEW!



GRUESOME POISON-GAS WEAPONS

One of the best things you can say about nitrous oxide is that it can block pain and save lives. But some scientists have been working to make poison gases that have the opposite effects — poison-gas weapons...

To get an idea how scary poison-gas weapons are, let's join a group of French soldiers. In 1985 they were training to deal with poison gas on the island of Corsica. The soldiers were told a plane would let off steam to give the impression of gas. Sure enough the plane flew over, but the spray was

RED - it looked like real poison gas! The

soldiers fell down and rolled about in agony. But there was no poison and no gas. Someone had simply added red dye to the steam.

These men were big tough soldiers. If they could be terrified by poison gas, what about the rest of us?

FIVE PAINFUL POISON GASES (IN ORDER OF NASTINESS)

5 Chlorine gas

This gruesome yellowish-green gas cloud irritates the lungs. The lungs fill with fluid, and victims drown on dry land. It was first used by the Germans against the French in 1915 during the First World War. Later on in the war, the British used it against the Germans.

Vicious verdict:





BET YOU NEVER KNEW!

A little chlorine gets added to the water you drink and swim in to kill germs. In 2003, someone put too much in an ocean liner's swimming pool and the passengers ended up with bright-green hair. It's lucky they weren't green with sea-sickness too – then they'd have looked like aliens!

4 Mustard gas

Used by both sides in the First World War. Causes skin blisters that can rot. Victims can go blind for a short while and suffer damage to their stomach and lungs that can last for years.



Very, very nasty. You must wear a gas mask, and you can't let the gas touch your skin either. It stays dangerous for weeks, too. On Friday 13 July 1917, a group of soldiers had mustard gas fired at them for eight hours. The next day their captain said...

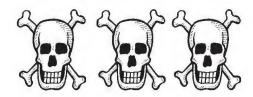


3 Hydrogen cyanide gas

More deadly than chlorine or mustard gas. You feel faint and weak and throw up. Then you can't breathe, and die. It only takes a few minutes. It's said to smell of bitter almonds, although most people can't make out the smell. By the way, the

Count is offering free sniffing sessions if anyone wants to try... (Don't all rush at once.)

Vicious verdict:

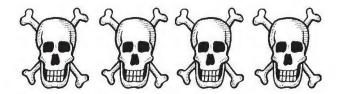


A killer. Although a gas mask will protect you, you have to keep changing the filter. Luckily the gas blows away quickly.

2 BZ

An especially revolting weapon. It causes confusion, diarrhoea and drying of the guts and mouth resulting in disgusting bad breath. After about 12 hours victims see things that aren't there and start talking to trees.

Vicious verdict:

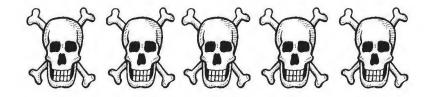


A real stinker in more ways than one.

1 Nerve gases

Remember those nasty nerve poisons from page 31? Nerve gases are the ultimate horror. They're so deadly that even a few drops on the skin will kill. Victims suffer headaches and throw up and have to go to the toilet in a hurry. They can't stop dribbling and they can't breathe. They die.

Vicious verdict:



What can you say about a gas that makes you need to wear a nappy? The only protection is a hot, clumsy suit that's horrible to wear. But it's less horrible than nerve gas.

BET YOU NEVER KNEW!

The actual use of chemical weapons in war has been banned since 1925 and today many world leaders and scientists would like to get rid of these terrible weapons altogether.

Of course, war always brings out the worst in people, but some people don't need a war to show their worst side. No, I'm not talking about unkind teachers, bullies and the sort of people who complain about children chatting in libraries. I'm talking about people who use poison to kill their enemies, their friends ... and even their pets!



UESTION: What's shiny and cold and passes on electric shocks?

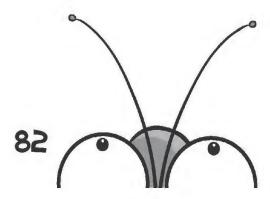
If you said "my dog's nose" then **a)** you really do need to read on and **b)** unplug your puppy from the fairy lights – AT ONCE! The answer is actually – METAL.

Now, you probably know that your home is full of metal things and if you're lucky your pockets are jingling with metal items in the shape of coins. But I bet you never knew there are over 60 types of atom (or elements as a chemist would call them) that happen to be metals. And some are amazingly odd — like caesium (see-zee-um), a metal that burns in air.

But some metals should carry a special health warning... They're poisons that do scarily painful things to the human body. And if there's one thing more scary than the metals — it's the fact that some inhuman humans like nothing better than putting them in a cup of coffee.



And here's what makes these murderous metals so dreadfully deadly...





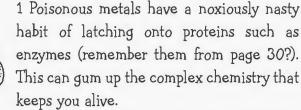


Painful poison fact file

Name:

Poisonous metals

The basic facts:





2 As you're about to find out, poisonous

metals are shockingly common. Chances are there are some in your home and even some in your body!

1 The most dangerous metal atom is beryllium (ber-rill-lee-um). Just 0.000002 g of the stuff is deadly.

2 In 1992, astronomers spotted loads of beryllium in six old stars in our Milky Way galaxy.

The painful details:







And now you've picked up a couple of nasty nuggets of knowledge about beryllium – can you solve this poison puzzle?

COULD YOU BE A SCIENTIST?

You are top German boffin Robert Bunsen. You're studying beryllium when a fly lands on your only blob of the stuff ... and eats it. What do you do? a) Eat the fly in a nice ham and mustard sandwich.



- b) Kill the fly and dissolve and burn its body to get the poison back.
- c) Keep the fly as a pet and notice how the poison affects it.

ANSWER

b) The fly ate the beryllium because it tasted sweet. Although Bunsen wasn't daft enough to eat the fly, he was a really crazy chemist and deserves a place in our...

Hall of Fame: Robert Bunsen (1811–1899)

Nationality: German

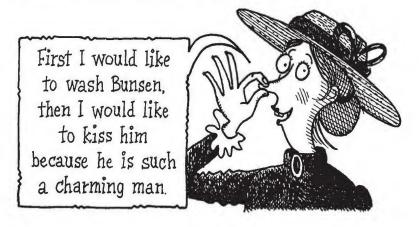
Young Robert's professor dad taught languages, but brainy Bunsen junior was into chemistry. In fact he was so keen on chemistry that he studied the subject at four universities — Göttingen, Paris, Berlin and Vienna. He became most interested in cacodyl (ca-co-di-al), an evil-stinking mixture that includes arsenic. The awful arsenic almost bumped off Bunsen and the killer cacodyl blew up, blasting Bunsen with bits of test tube. The scientist went blind in one eye. (And you thought your chemistry lessons were tough!)

Now most sane people would have given up chemistry and taken up something a bit less dangerous, like bungee jumping into volcanoes. But not reckless Robert...

He went on to discover two new elements — the metals caesium and rubidium. And, thank you for asking, he DIDN'T discover the Bunsen burner. It was actually developed by his assistant Peter Desaga in 1855. But Bunsen deserves some credit because he let other scientists copy the idea for free.

Like most crazy chemists, Bunsen kept forgetting things (I blame all those poisons). He always forgot the dates of dinner parties and would turn up one day late and expect to be fed. In the end his friends got into the habit of organizing special one-day-late parties just for him. And this may have been a good idea because

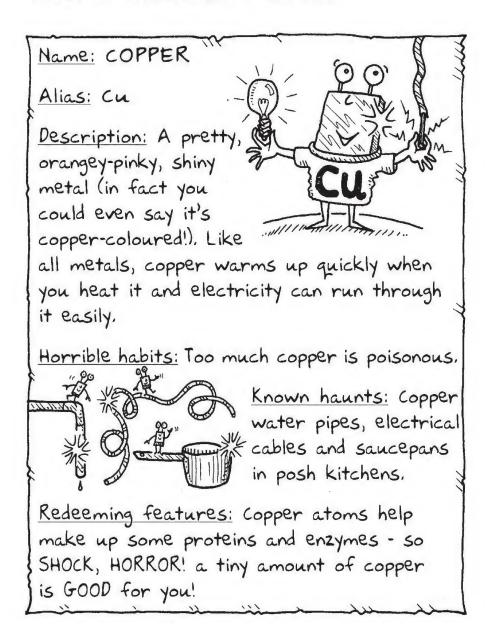
he was very smelly from all the chemicals he used. The wife of his friend Emil Fischer said:



By the way, turning up for school one day late and smelling oddly won't necessarily make you a great scientist. Bunsen was a genuine genius, so he got away with some barmy behaviour!

And now let's get to grips with some more murderous metals ... er, maybe you'd better put some gloves on first...

THE GRUESOME GUIDE TO POISON - PART 2 MURDERING METALS



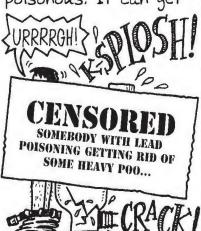
The really seriously sickening stuff isn't actually pure copper, it's copper sulphate. It can be mixed with water to make the sinister blue liquid much loved by science teachers. But don't add copper sulphate to your teacher's tea. The poison causes cramps and a dose of just one gram can kill and then you'll get collared by the coppers. Mind you, the ancient Egyptians used copper sulphate as an ointment for sore eyes.

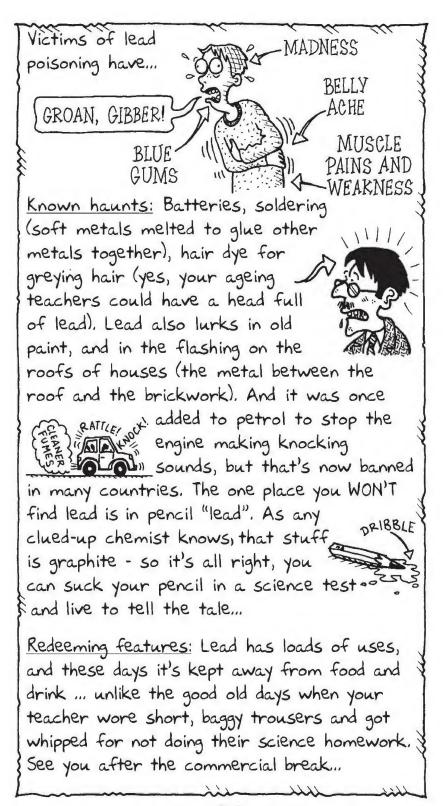
Name: LEAD

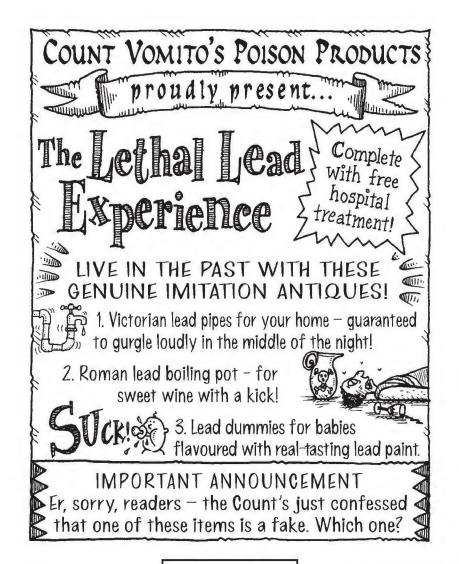
Alias: Pb

Description: A heavy, soft, grey metal. You'd know if you dropped it on your foot, but at least you could take out your rage by bending it into interesting shapes.

Horrible habits: Very poisonous. It can get into the body through the lungs, skin, food and drink. Although the body chucks some of it out in poo, lead can build up in the bones and teeth and other body bits (where it sticks to proteins).







ANSWERS

1 Genuine 2 Genuine 3 FALSE. Huh! As if a parent would let their baby suck lead! No, lead was made into toys such as lead soldiers for older children — and I bet they sucked them. Sadly lead harms the brain and is linked to lower intelligence in children.

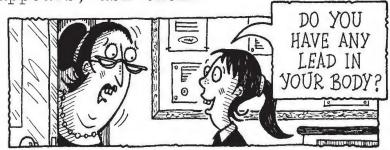
But talking about lead, I've got a wicked idea for a "Teacher's tea-break teaser". Will you be "lead" astray?

TEACHER'S TEA-BREAK TEASER You will need:

A pair of running shoes for a speedy getaway

An elderly teacher

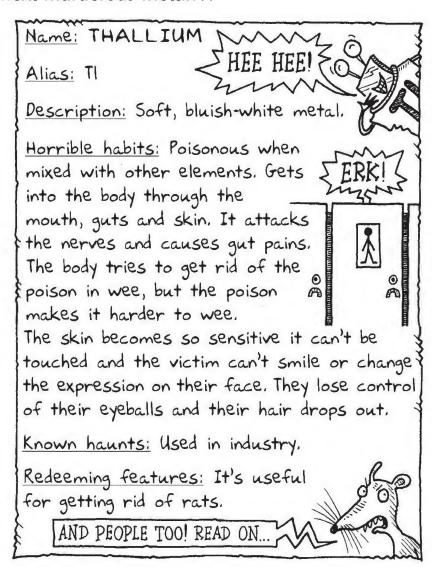
Hammer loudly on the staffroom door (elderly teachers can be a little hard of hearing). When your teacher appears, ask them...



If they say "no", you could say ...

- a) "But there's lead in your hair dye."
- b) "What about the wine you drank in Roman times?"

But even lethal lead poisoning isn't as bad as our next murderous metal...



BET YOU NEVER KNEW!

In 1971, mad poisoner Graham Young tried to poison his work-mates with thallium. He killed two people but gave himself away when some scientists came to investigate the poisonings. Graham seemed to know a lot about poisons and actually asked the scientists if they suspected thallium. As they say, a little learning is a dangerous thing – but that shouldn't put you off reading this book!



Redeeming features: If you can't wee, you won't feel the urge to visit the loo halfway through a long film.

Mind you, the horror movie in this poster sounds scary enough to make anyone dash for the toilet.



So take my advice — make sure you go *before* you start reading the next page!



etalloids — they sound like aliens that do terrible things to people involving lots of gagging noises and gory goo. And that's more or less what they do. Fancy finding out a few painful facts...?



Painful poison fact file

Name:

Metalloids. (They're also known as "semi-metals", which doesn't sound quite so sinister even if it does sound a bit odd.)

The basic facts:

1 Metalloids are both metals and non-metals at the same time.

2 Confused? Well, a metalloid is an element that has some features of a metal – shiny, lets electricity and heat through, etc – but not all of them!

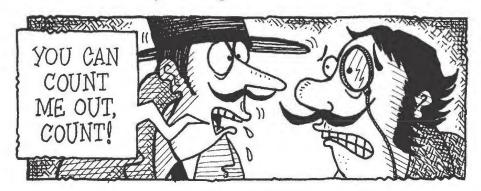


The painful details:



- 1 Like poisonous metals, the murderous metalloids featured in this chapter burst into the body like gatecrashers at a party. They bind to proteins and enzymes and stop them doing their jobs.
- 2 No wonder they were used by some seriously sinister killers!

The Count has kindly offered to show us the effects of metalloids by testing them on MI Gutzache...

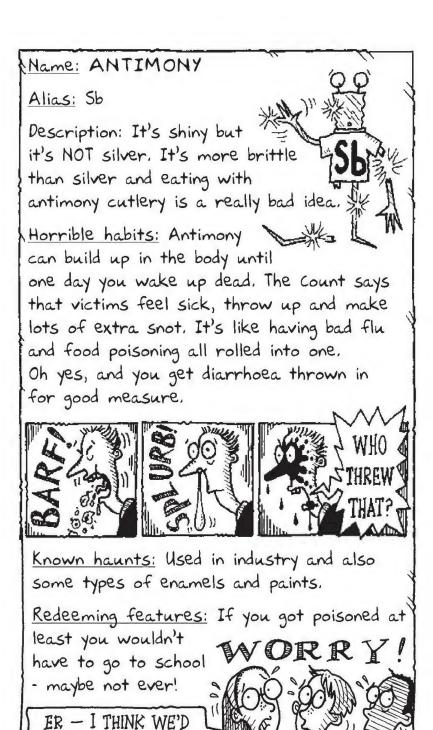


On second thoughts, maybe it's better if we stick to the Gruesome Guide...



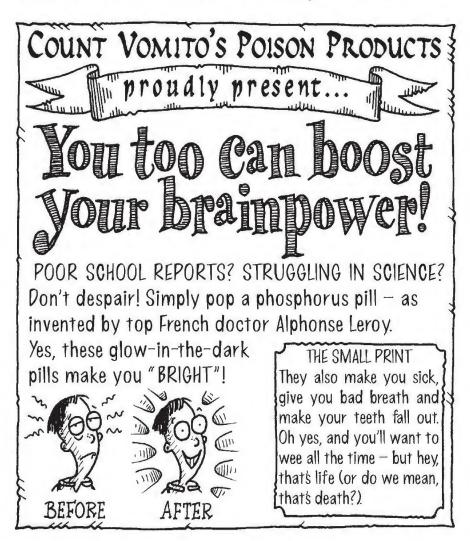
THE GRUESOME GUIDE TO POISON - PART 3 MYSTERIOUS METALLOIDS

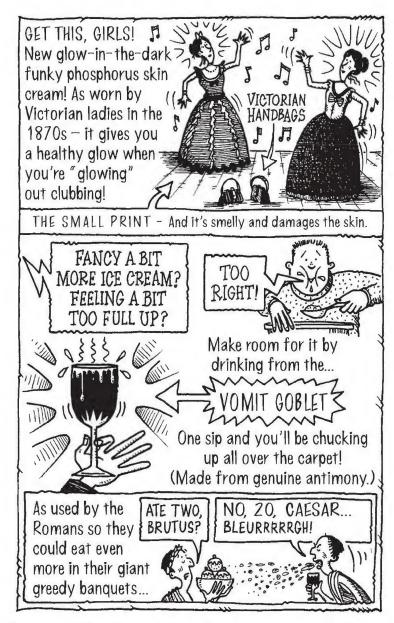




RATHER GO TO SCHOOL!

We'll be back with the most murderous metalloid of all after the commercial break — bye for now!





And now, it's time to get a flavour of the most murderous metalloid of all. Well, maybe getting a "flavour" isn't the best way to put it. And no, Count Vomito, I DON'T want to sample it!

Name: ARSENIC Alias: As The

<u>Description</u>: Grey-white and easy to crunch if you chew it, but that's a bit silly.



Horrible habits: Some good news: on its own, arsenic would happily pass through the guts on a one-way trip to the toilet. Some bad news: it's never on its own. For example, it combines with oxygen from the air. And it can get into the body through the mouth or skin, or by being breathed in as a gas.

Known haunts: YIKES! It's EVERYWHERE!
There's arsenic in soil, the sea, and not to mention a teeny bit in your body. In tiny doses it's not too bad, but in large doses it's deadly.
Redeeming features: If it wasn't for arsenic, you couldn't play your favourite computer game. Yes, there's arsenic in the semiconductors - vital electrical bits - of a computer.

The effects of arsenic are complicated and painful, so we've asked Dr Grimgrave for an expert medical

opinion. Beware — he's in a grumpy mood. Er — come to think of it, he's *always* in a grumpy mood...



Arsenic is a fascinating poison because it can affect the body in so many interesting ways. Sadly I don't see too many of these cases—but if anyone's got any spare poisoned body bits I could do with some for my private medical collection!

A small dose

Arsenic widens blood vessels in the skin and gives it a "glow", as ill-educated persons say. Can you believe some idiots in Victorian times took the poison as a tonic and their idiot doctors encouraged them?! As the poison builds up in the body, the hair and nails fall out and the skin turns yellow from liver damage.



Other problems are weakness, vomiting, diarrhoea, a puffy face, dizziness, sore eyes, nose and mouth. In fact there are enough ailments to keep an overworked doctor like me busy for hours!

A large dose

Patients who have taken a lot of arsenic suffer terrible vomiting and diarrhoea, violent gut pains and death in an hour. I usually see these patients first. Of course one has to make hard choices at times. One idiot who wasn't poisoned at all said he would die in 50 seconds so I told him "Sit down and I'll see you in a minute, ha ha!" But I can't sit here blathering all day — I've got some more idiots to see!

Now I bet you'd rather share your home with a bad-tempered hippo with bottom problems than a lorry-load of arsenic — but in Victorian times people didn't understand the full dangers of this poison. Let's go and spend Christmas with this typical Victorian family ... and their amazing collection of arsenic items!



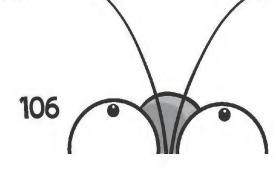
Feeling unwell yet? If you're worried about all that nasty arsenic on your fingers, don't try licking it off! NO, why not wash it off with the Victorian family's de-luxe arsenic soap?

AWFUL ARSENIC MURDERS

Arsenic has no taste and no smell and since it was easy to buy in shops, the poison was first choice for cruel Victorian killers. Most arsenic murder stories go like this...

Someone dies. The poisoner inherits their money, plus a large insurance payout. Someone else gets suspicious. The body is dug up and arsenic is found. The poisoner gets caught, put on trial and executed. End of story.

But there's one true arsenic murder story that's different. Firstly, it might not have been a murder at all and secondly, the accuser was a ghost! This scary tale from Count Vomito's private poison library is sure to chill your blood...



St John's Church, London, 1850

Mr Graves blew the dust off a coffin lid. "It's got no name plate - I fink we've found her, Mr Archer," he called to the young artist.

Archer was perched on a nearby coffin, sketching the ancient crypt with its stone walls and huge dusty cobwebs. Next to him sat Mr Graves's young son, Joe.

"Is your drawing for a book, Mr Archer?" asked Joe. The boy shivered. The winter's night was cold as the grave.

"Yes, Joe. A drawing of Fanny Kent for a book of strange stories."

"It's a strange story, right enough," remarked Mr Graves as he rubbed some warmth back into his hands.

"I heard you knew about her," said Archer, without looking up.

"Ho yes, sir, I know everything!" replied Graves. "And if you likes, I can tell you and Joe the 'ole story."

Archer nodded his agreement and Graves sat down heavily. Then he began his tale...

"It happened about 50 years afore I was born. William Kent and his wife, Fanny, came to lodge with Richard Parsons. And that's when it all started. The ghostly knocking and scratching. All night long it went on — a-knocking and a-scratching on the wall."

"It must have been frightening," said Archer.

"I should say so! No one slept a wink. And poor Fanny said it was a sign that she must die..."

"Why did she fink that, Dad?" asked Joe.

"I dunno, son. Maybe she felt unwell or somefink..."

"So who was this ghost?" asked Archer.

"Well, sir. That's the mystery. Some said it was Fanny's sister come

to warn Fanny that her husband was poisoning her. He stood to gain £200 in Fanny's will. And there were some what even saw the ghost. They said it was a woman shining so bright you could see your watch by the light! Soon after, the Kents moved out and Fanny died. Mr Kent said it was smallpox wot carried her off, but the ghost told Parsons it was arsenic."

"How did it say that? I thought it just made noises," said Archer with a frown.

"Parsons invented a code. One knock for 'yes' and two for 'no'. By now it was the talk of the town. Lords and ladies came to listen to the ghost. And the Lord Mayor asked a group of experts to find out the truth."

"And did they?" asked Archer.

"They found out the ghost didn't knock unless Parson's little girl was around. And it didn't knock when the girl was watched closely. Some days before the experts arrived, the ghost had said it would knock on Fanny's coffin. So the experts came to this very spot and called out, 'ARE YOU THERE, FANNY KENT?' ... but nuffink happened."

All at once something bumped in the shadows. Joe nearly jumped out of his skin.

"Don't worry son, it's only a rat," said Graves sounding rather rattled. "There's always a few of 'em in these old churches!"

Archer let out a cloud of foggy breath. "So the girl made the ghost sounds?" he asked.

"No one could prove nuffink."

"And the arsenic story — was that made up too?"

"Kent said so, but then he would."

Far above their heads the church clock struck midnight.

"It's getting late," said Archer.

Graves cleared his throat. "Begging your pardon, sir," he said "Are you sure you want to draw her? She's been dead a long while and I wouldn't fink your readers would like to see her if she's a bit ... worm-eaten."

"We had better find out," said Archer grimly.

"Very good, sir," said Graves, standing up. "It's too perishing cold to sit much longer."

He fished in the pocket of his grubby apron and pulled out his screwdriver. Slowly and with much scraping, he undid the rusty fastenings and lifted the heavy wooden coffin lid. He reached into the coffin and gently pulled the cold dusty sheet from the dead woman's face.

Joe gulped and closed his eyes. He felt scared of ghosts. And what horrors they might find in the coffin.

"Well ... I never!" gasped Graves.

Archer sucked in his breath. Slowly, Joe opened his eyes.

Fanny lay in her coffin with a peaceful expression on her beautiful face. Her eyes were closed and there were no smallpox scars on her cheeks.

"It looks like she's asleep," whispered Joe.

"I've never seen nuffink like this," muttered Graves.

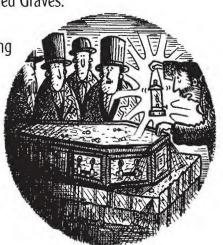
"Not once in 30 years."

Archer stared at the woman's face, taking in every detail.

"There's only thing that could have preserved her like this..." he said.

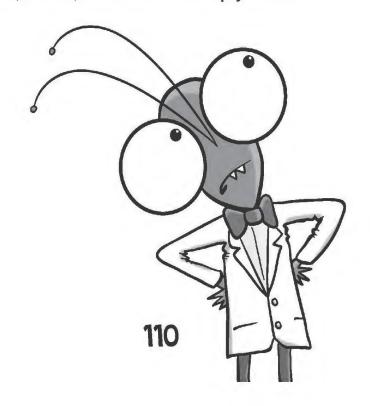
"It's arsenic, innit, sir?" said Graves quietly.

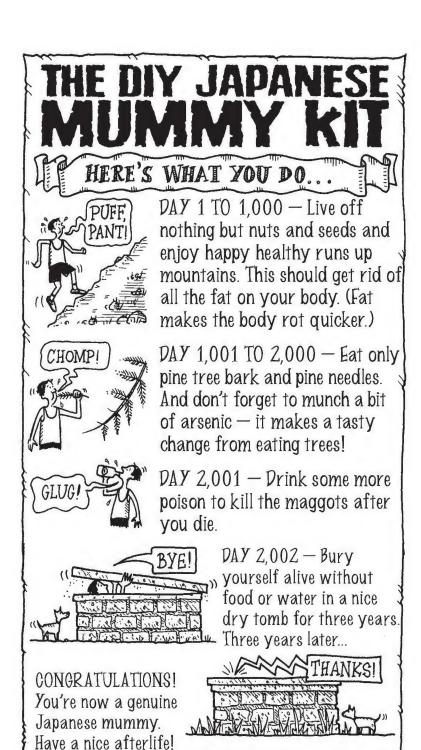
So maybe the ghost was telling the truth, thought Joe. He shuddered. But this time it wasn't the cold.



TWO ROTTEN ARSENIC RUMOURS

- **1** Arsenic is said to preserve bodies by killing the germs that make the body decay. But some experts think that dry conditions may be more important in keeping germs at bay.
- **2** Arsenic may have been used by Japanese monks to turn their bodies into mummies ... WHILETHEY WERE STILL ALIVE! What's that? You'd like to do this to your brother or sister (purely in the interests of science)? Well, don't let me stop you...



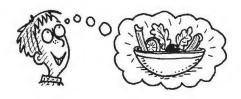




SWIZ!

We would like to apologize to readers who have ordered DIY mummy kits. They've been confiscated by the police. It's been against the law in Japan to make anyone into a mummy since 1895. And it's considered a very grave matter.

Well, I don't know about you — but all that talk about eating is making me hungry. And *not* for arsenic and pine needles! No, I fancy a nice big crunchy salad!



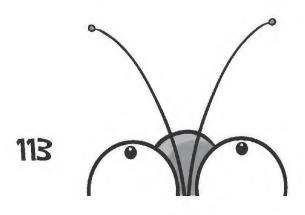
Ooh-er! I've peeped at the next chapter and I've changed my mind...

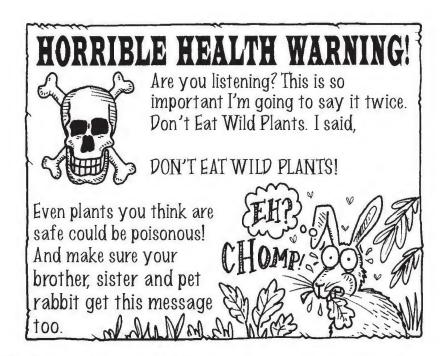


ow often have you heard this?



But the plants in this chapter are so VERY BAD for you that if you ate them you wouldn't just have green fingers — you'd probably be green all over. Time for a word of warning...

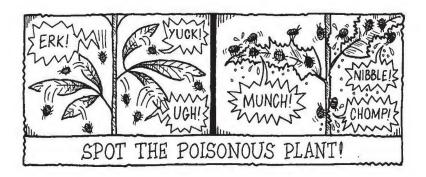




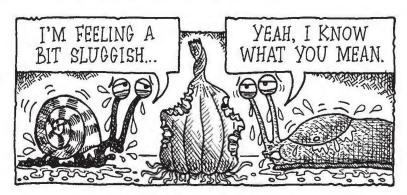
And now for everything you ever wanted to know about poisonous plants in ten seconds — but only if you read this next bit *really* F-A-S-T!

DANGER! POISONOUS PLANTS FACT ATTACK

- **1** There are hundreds of poisonous plants including many plants you eat!
- **2** They're poisonous because they want to stop bugs and animals from eating them as side salads.



- **3** The reason we're still alive is because we cook them first to destroy the poisons, or only eat the non-poisonous bits.
- **4** Some plants' poisons are deadly for bugs but not humans. Garlic, for example, makes slugs and snails ooze slime until they wither into slug mummies. Imagine your nose squirting snot until your body shrivels into something that lives in a pyramid!



5 Some poisonous plants are useful. In 1640, plant expert John Parkinson found out that mice won't eat books printed with ink containing poisonous wormwood juice. By the way, it's not very likely that this book is printed with poisonous ink, but don't let the dog chew it to find out.

- **6** Some plant poisons can be used as medicines...
- Digitalis (didge-it-ah-lis) is a drug that slows down the heartbeat. It was first found as a poison in foxgloves.
- Curare (cu-rah-ray) comes from South American strychnos (stricknos) vines. It's a nerve poison that stops signals getting to the muscles. The muscles can't move, so they relax and that's handy for surgeons who need to operate on nice relaxed bodies.
- Atropine (at-rop-peen) comes from deadly nightshade. Like curare, atropine blocks nerve messages and relaxes muscles.
- **7** Some plants are irritating rather than deadly. Touch them and they'll make you sore now that would be a little rash! Eat them and you'll get a sore mouth, but that would be even more stupid.

BET YOU NEVER KNEW!

The dumb cane of South and Central America gets its name because if you eat it you can't say a word. The poison in the leaves makes your mouth so sore you can't talk for hours. Mind you, you'd have to be pretty dumb to sample this unspeakable poison.



AN IRRITATING

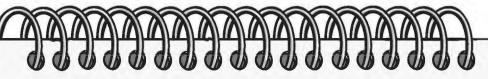
IRRITATING-PLANTS QUIZ Which of these plants are irritating and which aren't?



ANSWERS

Sorry, readers, it's a trick quiz — they're ALL irritating! Now isn't that an irritating result? Oh well, you can always try it on your teacher!

a) Hot chillies irritate the mouth. Eat a few of them and your face turns red and your eyes turn bloodshot. But that doesn't stop strange people in Wisconsin, USA, holding chilli-eating contests.

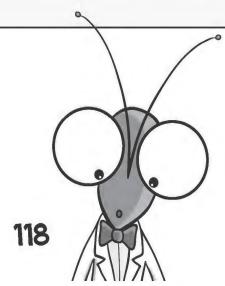


b) Celery-stem juice can sting your skin in sunlight.

c) Stinging nettles. Well, that was an easy one! Did you know that the nettles in the centre of a clump are said to sting less? These plants are older and their poison isn't as strong — but don't go bounding into clumps of nettles to find out!

d) Sorry, but pretty yellow buttercups are more like bitter-cups. Their juice can sting the skin.

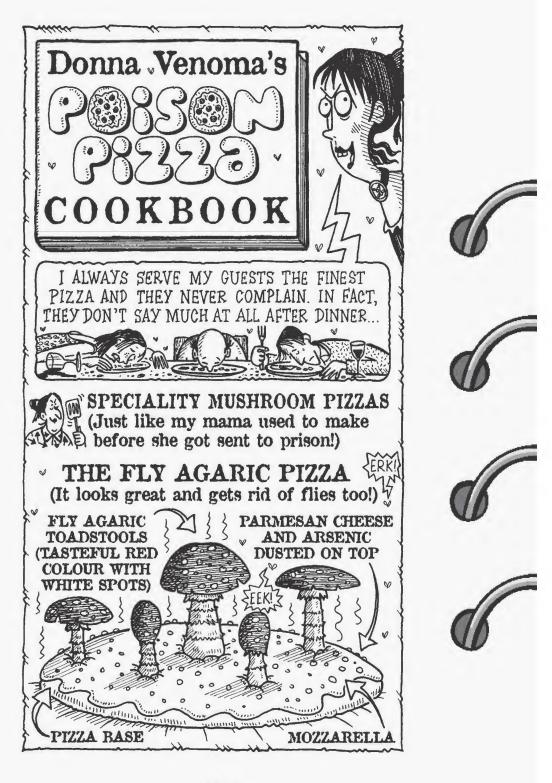
e) Another DEAD giveaway. The sticky oily poison sticks to the skin. You can pick up the poison from clothes and it can even be carried in smoke on specks of ash. It's said that you can get a rash even by touching a dog that's been in contact with poison ivy. The Count has offered to test this idea using Gutzache and Watson...

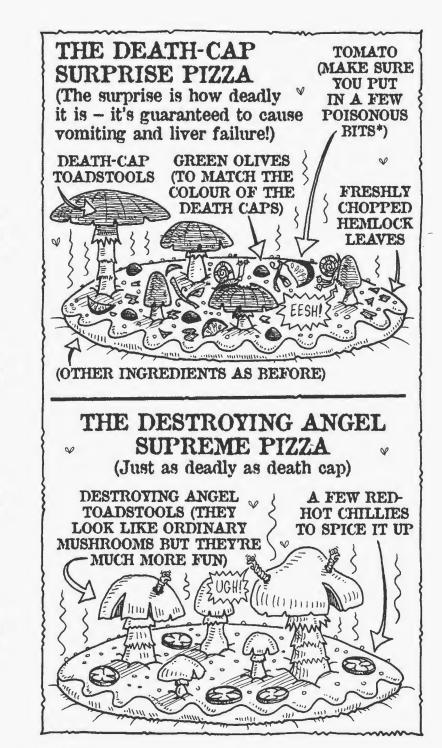




Hmm — Gutzache doesn't seem *up to scratch*. Oh well, at least Watson's coat protected *him* from the poison.

So irritating plants can be a sore subject, but at least they don't kill people. Unlike the pizzas Donna Venoma cooks up...

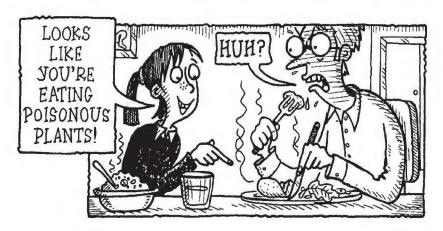




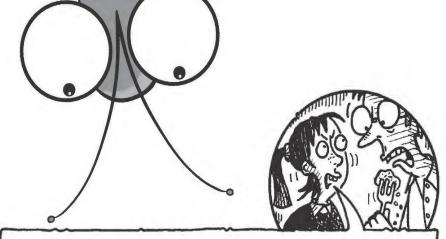
*See page 123

Hopefully the pizzas served in your school canteen aren't quite as deadly as these poison pizzas — but the canteen is a great place to torture a teacher (all in the interests of education, naturally!).

TEACHER'S LUNCHTIME TEASER Your teacher is relaxing with a healthy school-dinner salad and a baked potato. Smile sweetly and say...



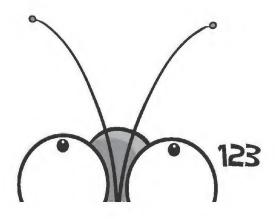
At this point your teacher might turn a colour of a ripe tomato (this is probably rage and not a sign of poisoning). If you're very brave you could point out...



IT'S TRUE, THE SPROUTING AND GREEN BITS OF THE POTATO ARE POISONOUS. SO ARE THE LEAVES. AND GUESS WHAT? TOMATO LEAVES AND STEMS ARE POISONOUS TOO! EATING THE WRONG BITS OF THESE PLANTS CAUSES DIARRHOEA AND BREATHING PROBLEMS!

RED FOR DANGER?

In 1820 many Americans believed that red tomatoes were as poisonous as the rest of the plant. But — so the story goes — Colonel Robert Johnson had other ideas...





So there we are. The garden is gruesome, mushrooms are murderous and salads are sinister. But the very worst plant poisons are coming up right now. And when I say worst, I mean the really WORST!

SEVEN SINISTER PLANT PRODUCTS THAT YOU WOULDN'T WANT TO SAMPLE IN A SALAD

1 Castor-oil seeds. Eat the seeds and they'll probably pop straight through your guts and ...

you know the rest. But the actual poison — RICIN — is twice as deadly as a cobra's bite. It causes a burning mouth and blisters, bleeding guts and kidney failure.



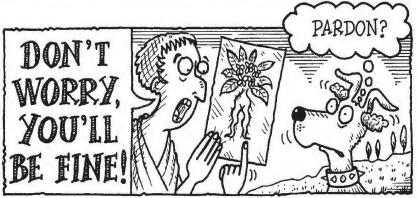
2 Strychnos seeds. The same vicious vine that makes curare also brings you — STRYCHNINE. This painful poison attacks the

painful poison attacks the nerves and stops them switching off after a signal passes along them. The muscles go mad. Victims end up arched over with a giant grin on their faces. And no, it's not because they're happy — it's all a result of the mad muscle twitches.



3 Henbane and deadly nightshade contain HYOSCINE. It's another nasty nerve poison, but this time the nerve signals get blocked at junctions between nerves and muscles. It's a bit like a traffic jam when the traffic lights break down. And the body breaks down too.

4 There's hyoscine in mandrake. This human-shaped root was supposed to scream when it was pulled up. The scream was said to kill all who heard it, so the Romans trained dogs to dig up the root.



- Rhubarb contains oxalic (ox-al-lick) acid. It's used in dyeing (sorry, that's not a dire joke) and it also gets rid of unwanted stains and rust. But don't let that put you off rhubarb the poison's only in the leaves.
- Apricot kernel (seed). Apricots are fine but their kernels contain the deadly nerve poison CYANIDE ... and you can find out more about cyanide on the next page.

7 Aconite. Otherwise known as wolf's bane, it's a pretty white flower, but the effects of the poison are far from pretty. They include tingling and burning skin, followed by heart failure.

BET YOU NEVER KNEW!

In 1881, police suspected aconite had been used to murder a man but there was no scientific test to prove it. So scientist Dr Stevenson had to take fluid from the guts of the body and touch it with his tongue. Sure enough, the scientist felt tingling and pain for four hours. Oh well, at least he had the problem licked.

Painful poison fact file

Name:

Cyanide

The basic facts:

1 Remember that ghastly hydrogen cyanide gas from page 77? Cyanide is a carbon and a nitrogen atom that get together to cause trouble.

2 They latch on to many types of atom, including sodium, hydrogen and potassium, to make poisons

to make poisons.

3 If cyanide gets in the body, it sticks to enzymes. Especially the enzyme needed to use oxygen to make energy.





4 So the effect of cyanide is the same as if the body can't breathe. The body weakens, the face turns blue and the heart stops.

The painful details:

1 Now I really don't want you to panic about this — OK? Not only is there cyanide in apricot seeds, it's in apple and plum pips too!



2 I said, DON'T PANIC! You can eat a fruit salad safely! Even if you swallow a pip by mistake it will pass through your guts without harm. But eating an apricot seed can cause vomiting and breathing problems.

Millions of people in Africa eat cassava, a type of root that contains cyanide. The root came from Brazil, where native people made it safe by spitting on the root and leaving it to rot. Germs in the spit make enzymes that stop the poison working. But that's not an excuse to spit on your school dinner...







In Africa, people get rid of the poison by letting cassava rot in ponds. And although eating veg that's been mouldering in a smelly green pond doesn't sound like fun, it's much more jolly than a dose of cyanide.

But humans aren't the only animals that can eat some poisonous plants safely. Some creatures actually *enjoy* picnicking off poison! Goats happily dine off deadly nightshade and Colorado beetles eat it all the time — even though it's heaving with horrible hyoscine. And some creatures eat poisons

and store them in their bodies, which makes them poisonous too. Monarch butterfly caterpillars chomp their way through poisonous milkweed. The poison makes the caterpillars poisonous and they turn into poisonous butterflies. Other animals won't touch them.

Scientists aren't too sure how some creatures can eat poisons and live. But one thing is certain, monarch butterflies aren't the only lethal life forms around. The next chapter is *alive* with them...



Say the word "animal" to your little sister and she'll probably say...

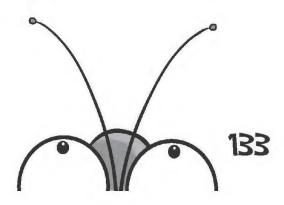


She'll be thinking of cute kittens and playful puppies, of course. But if she saw the animals in this chapter she'd probably say...



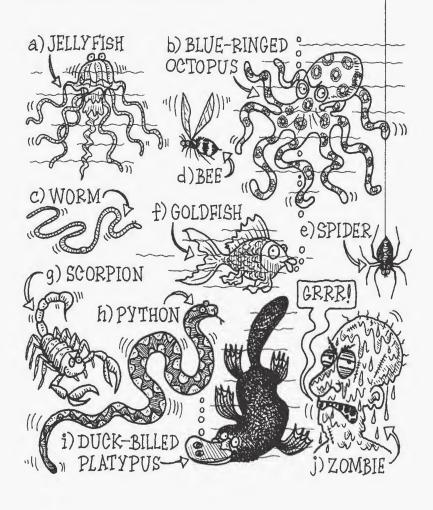
There are hundreds of poisonous creatures. Like plants, they use poison to defend themselves from being eaten — but some, like spiders and snakes, use poison to catch animals to eat. And now let's pay a visit to Count Vomito's private poisonous animal zoo. The Count says it's a day out to die for. I don't like the sound of that...





QUEASY POISON QUIZ

Here's a selection of creatures — which of them ARE poisonous and which of them AREN'T?

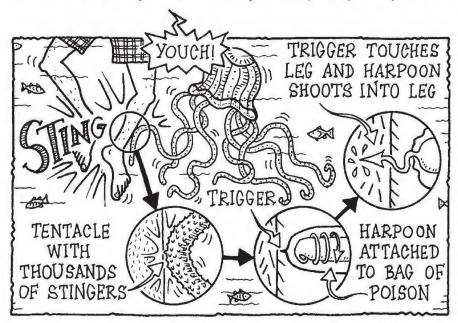


ANSWERS

a) Yes (see below). b) Yes (see page 143). c) No — so good news! You can eat as much worm spaghetti as you like! d) Yes (see page 146). e) Yes (see page 152). f) No, which is why the Count's cat is taking a close interest in Bubbles the goldfish. g) Yes (see page 151). h) No, the python squeezes its victims to death — fancy a hug? i) Yes, the male is one of a very few poisonous mammals. (Mammals are warmblooded, furry creatures like you and your cat.) The dippy duck-bill has poison spurs on its legs. They might be there to warn off other males during the breeding season. j) No, but some scientists reckon that zombies really exist and that they've been poisoned. We'll dig up the dreadful details later...

SOMETHING TO GIVE YOU THE SHAKES

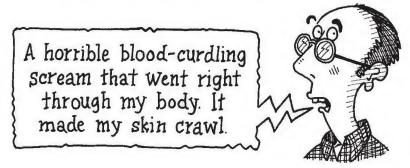
Of all the creatures in Count Vomito's private zoo, the most dangerous is the box jellyfish. So whatever you do, don't swim off the coast of Northern Australia between October and May. The stings on the metre-long tentacles are like microscopic murderous harpoons that inject tiny bags of poison.



The painful poison can kill a man in just 120 SECONDS — it's enough to turn your legs into quivering jelly!

One victim, John Carrier, was stung in 1990. He said it felt like he'd walked into a "bush of flame". The pain is so violent many people drown because

they forget to swim. Passer-by Peter Miller heard John's cry of pain and said it was...



But John was lucky! He hadn't been stung badly enough to die in seconds and an ambulance crew saved his life with a substance that stops the stings — vinegar.

And now for a rather painful question. What's even more painful than being stung by a jellyfish? Answer — being stung by a jellyfish and a fish. To find out more, let's take a look at the Count's fish tank. There are things in there that would give Bubbles the goldfish a heart attack...

FEARSOME FISH FACTS

There are about 28,000 types of fish and at least 1,200 could be poisonous. Count Vomito is especially fond of his stonefish. They have poison spines to stop other fish eating them. It's nothing personal but they'll also stab anyone who treads on them by mistake. And it's easily done, because

guess what? They look just like stones! (By the way, if you do tread on a stonefish the pain makes you froth

at the mouth and roll around

and bite anyone who comes

near. The poison makes

your leg swell up like an

elephant's leg and your toes

turn black and drop off.

So tread carefully!)



COULD YOU BE A SCIENTIST?

You are working in a British oceanarium in 2001 and you've got a poison problem. Dottie the dicefish is feeling tense and squirting poison. How do you calm her down?

a) Play her a selection of relaxing music.

- b) Give her a big toy dice to make friends with.
- c) Stun her with an electric shock BEWARE, you could be DICE-ing with death!

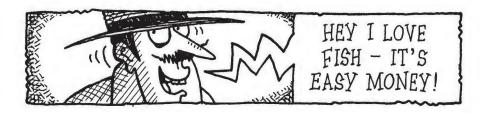
ANSWER

If you said c) be warned — it's extremely dangerous. And putting electrodes in Bubbles' bowl is a criminal offence! The answer is b)! Dottie was given a dice and, true to her name, daft Dottie decided the dice was her dad (or mum). Soon Dottie and her dice were deeply devoted. Would you make a mistake like this?

THE PERILS OF PUFFERFISH

Pufferfish don't have poison spines, but parts of the pufferfish are poisonous — and they're 275 times more deadly than cyanide. The first sign of poisoning is tingling. Then you go numb and can't move and can't breathe. And there's NO antidote. But that doesn't stop people in Japan eating the non-poisonous bits. They're popular with people who enjoy dangerous dinners (so why don't they just eat school dinners — they're really risky!).

We needed someone to go undercover to sample the perilous pufferfish. But who was up to this scary job?





The possibly poisonous pufferfish

REPORT BY MI GUTZACHE

So I took the job ... DELICIOUS! Sure there was a danger of poison but the risk ain't too bad. The chefs are trained for three years to cut out the bad bits so I figured my life was in good hands. I was more worried about eating the fish raw - it's how they eat it in Japan. I'd rather eat a hot dog than cold cat food any day! So I sat in the restaurant and waited for the fish. I started thinking and I wished I hadn't. I'd done my homework and I knew that just 10 g of poisonous pufferfish can kill. Then the fish arrived. I was finally faceto-face with the fish. Could it be a fatal fish? Watson sniffed it and he kinda turned up his nose. Mind you, he ain't too keen on seafood.

I took a very small bite.
It was enough, I figured.
The fish tasted fishy. I began to sweat - would I with die? I felt sick. It was the poison - I knew it!

I cursed my luck. To think I'd survived organized crime to get puffed out by a pufferfish.

I wanted out so I headed for the door. As luck would have it there was a large hole in the street so I was able to test an ancient Japanese remedy. Burial up to the neck in cold earth. It didn't help.

Then the waiter came out. He was hollering. He said he was mighty sorry—they'd given me sardines by mistake. And the cat wanted them back!

MORE SERIOUSLY SCARY SEA-LIFE

Australian beach you've got more than killer jellyfish and fearsome fish to be scared of...



OK, so it may look cute but the blue-ringed octopus bites! And its bite is deadly poisonous. Which means that if you're silly enough to take it home as a pet you'll regret it for the rest of your life ... and that won't be very long! At first, a bite from the octopus isn't too painful. But the octopus's spit contains a nasty nerve poison that makes you blind, throw up and lose control of your muscles. Death can follow in three hours.

And now for another creature that will put you off your seafood salad...

COULD YOU BE A SCIENTIST?

In the 1950s the CIA (the US secret service) had an embarrassing problem. They'd absent-mindedly lost enough poison to kill 110,000 people...

l But the amazing thing is that this
poison came from a rather tasty
shellfish. Which one?:

- a) Scampi.
- b) Starfish.
- c) Clams.



- 2 Where did the poison turn up?
- a) In a seafood soup served in the canteen.
- b) A toilet.
- c) A freezer.







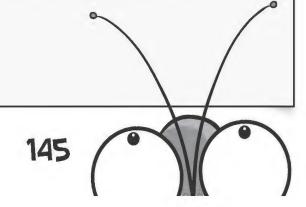
MANA MARINE

- 3 What happened to the poison?
- a) It was poured into an enemy leader's tea.
- b) It was fed to 110,000 very unlucky hamsters.
- c) It was given away free to scientists.



ANSWERS

- l c) Yes, clams (none of the others are shellfish!) A man working for the CIA had collected hundreds of clams. The poison is found in just one part of the clam, so you need an awful lot of clams to make it.
- 2 c) In the 1970s it turned up in a freezer in a U.S. Navy Office... I bet it was cold and "clammy" by then! Of course the poison was a secret and the Navy "clammed-up" about it...
- 3 c) The poison was sent back to the man who made it, and he gave it away. What an un-shellfish thing to do!



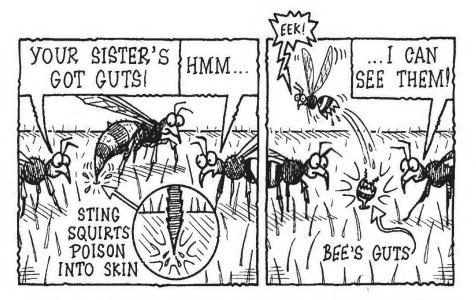
By the way, the scientists used it for peaceful experiments and DIDN'T put it in each other's tea.

Hmm – maybe we're safer on dry land... Or maybe not!

BULLY BEES AND WICKED WASPS

Each year brutal bees and wicked wasps kill more than 40,000 people all over the world. Their stings aren't usually deadly but lots of people get stung and some victims are allergic (dangerously sensitive) to poison. They suffer heart attacks as a result of the shock.

Unlike wasps, bees die when they sting. Their stings have barbs like tiny harpoons and the bee can't yank them out of your skin. So the bee flies off leaving half its insides behind...



You'd think that would be enough to make bees think twice about stinging. And they do — but not all of them. African honeybees sting first and ask questions later. (Correction — they're too dead later to ask questions so they just sting.)

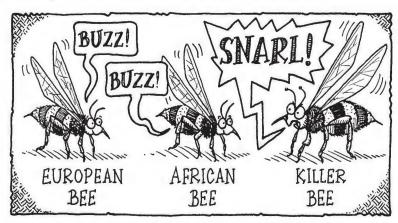
THE BUZZ ABOUT BEES

1 | bet you'd rather not know — but in 1964 a young Zimbabwean boy was stung 2,243 times by bees. He tried to hide from them in a river but the brutal bees stung him until his head turned black with stings and swelled up like a football. Amazingly he lived.

A scientist tried to find out how dangerous African honeybees really are. He juggled a ball in front of their hive to see how many times the ball got stung. But the bad-tempered bees attacked the stupid scientist instead. He was stung 92 times in a few seconds and ran 800 metres to get away. Sadly nobody clocked his time — it could have been a new world record.



3 In 1957, a South American scientist had a smart idea. Why not breed bad-tempered African bees with the friendly buzzy European bee? You'll get a well-behaved bee that does well in hot countries — well, that was the idea. But what they got was ... KILLER BEES! The bees escaped in Brazil and reached the USA by 1990.



Killer bees attack anything that goes near their hive and they like nothing better than nesting in people's houses. In fact, they'd like to move in with YOU!





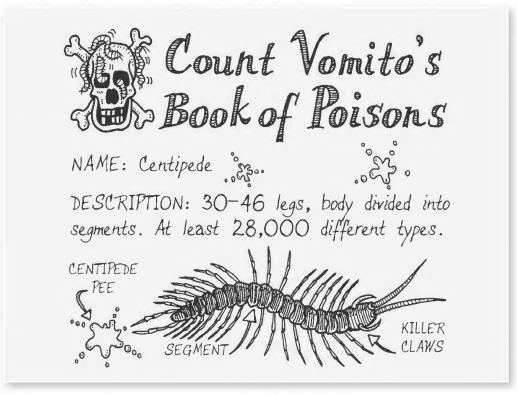
BET YOU NEVER KNEW!

One insect has poison that's even more painful than bee stings. I'm talking about the Spanish fly. It's a bit of a misleading name because this bug isn't a fly and it isn't always Spanish – it's a green beetle that also lives in France! The beetle's juice makes blisters on the skin and burns your insides if you swallow it. One victim threw up multi-coloured sick. (And no, it wasn't a new art form.)

Fancy making friends with a few more cruel creepy-crawlies? Well, tough, because they don't want to make friends with you!

REALLY REVOLTING CREEPY-CRAWLIES

Of all the creatures in his zoo, Count Vomito's favourites are his prized collection of deadly centipedes, scorpions and spiders. The Count calls them his "willing little helpers". We weren't sure what they're helping the Count with and we were too scared to find out. So the Count kindly lent us his top secret poison notebook ...

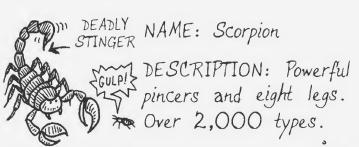


WHERE FOUND: Damp, sheltered places all over the world.

HOW THEY POISON: Poison claws at front.

EFFECTS ON VICTIM: Kills millipedes, but only some types hurt humans. One variety that lives in the Philippine Islands can cause pain for three weeks - how fascinating!

POISONING POSSIBILITIES: Centipedes can live for a few hours in the human stomach. The poison causes sickness and breathing problems. Hmm — I wonder if anyone would like to try a "and cheese and centipede sandwich?



 EFFECTS ON VICTIM: Kills small animals. Sadly, most scorpions aren't dangerous to humans although a bad sting feels like a nail hammered into your thumb. Fatal stingers include Deathstalker and Androctonus (the name means "man-killer") scorpions from North Africa and the Middle East. [HEE HEE!]

POISONING POSSIBILITIES:
Scorpions hide in shoes and beds.
I must put a few in the guest bedroom!

NAME: Spider

DESCRIPTION: Eight legs,
body divided into a head/chest
and abdomen, eight eyes. At least 40,000 different types
but probably thousands more
await discovery. (Oh good! I hope they're deadly!) Their bodies measure between 0.5 mm and 9 cm long. They make good pets, too!

ABDOMEN

HEAD /

CHEST

WHERE FOUND: All over the world including my bathroom, I'm pleased to say.

HOW THEY POISON: Poison fangs.

EFFECTS ON VICTIM: Stops victim escaping so it can be eaten at leisure.



So would you volunteer to be bitten by a black widow spider? If you think that sounds like a hairy situation you may be shocked to learn that in 1933 a Canadian scientist named Allan Blair actually let himself be bitten as an experiment!

But let's hear the spider's side of the story...



THE GOOD WEB GUIDE FLY CUISINE

I BIT A SCIENTIST ... AND LIVED

I BIT A SCIENTIST ... AND LIVED!

A black widow's heart-warming humaninterest story. As told to Airey Legges

For years we spiders have lived in terror of humans trapping us in their baths and breaking our webs for fun. But now a brave black widow spider is biting back.



I sure am. It all started with a scientist starving me for two weeks to make me bad-tempered...

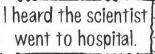
So you were pretty mad?



Not as mad as he was to let me bite his little finger!

So what happened to him?

Well, the finger turned blue and red and then swelled up like a giant purple sausage. It was all very colourful. (And the things he was saying sounded even more colourful. But I'm a spider and I don't understand that kind of language!)





Yes, he was a bit wimpy if you ask me. All that stuff about sweating and vomiting and going mad with pain! He should be grateful he wasn't a fly!

ls it true the scientist was planning to let you bite him again?



Well, that was the idea — but he changed his mind for some reason. Never mind, sounds like there's something else for me to get my fangs into

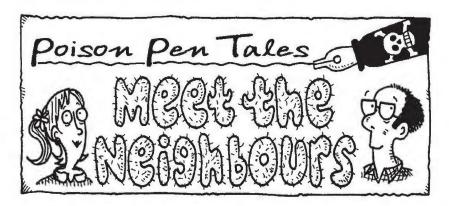
STAYING FOR DINNER, AIREY?



BET YOU NEVER KNEW!

- 1 The so-called tarantulas that live in southern USA aren't proper tarantulas they're Aphonopelma (A-fono-pel-ma) spiders.
- 2 People once thought their bite was deadly and the cure was drinking lots of whisky. Scientists find this idea hard to swallow (unlike the whisky drinkers who found it very easy to swallow).
- 3 In fact the spider's bite is painful rather than deadly, so you don't have to worry about them. But of course some people do worry about them rather a lot...

And here to prove it is a scary bedtime story from *Poison Pen Tales*. It's sure to scare your little brother or sister's pants off, especially if you tell the story by torchlight and keep a toy spider hidden up your sleeve until the vital moment...



Meet Elbert and Wilma, a typical all-American couple who worked hard and saved up to achieve their ultimate dream: to build their very own home in sunny Arizona.

After years of saving, Elbert and Wilma had enough money. So they built their dream house and made ready to move in.

"Say, Elbert," said Wilma. "I figure there's one thing missing from our lovely new home."

"So what's that, my little patootie?" asked Elbert.

"Why, big huggy-bear, I'm talking about one of them big saguaro cactus things. I've always wanted one. And I figure it will look just fine in our living room!"

"Well, honey bunch," replied Elbert, "what are we waiting for? Let's get ourselves down to the garden centre and purchase one."

And so they did. And Wilma was right — the cactus did look good in the new living room.

Three weeks later Wilma and Elbert threw a house-warming party. All their friends and neighbours came, even though the night was stormy. The rain fell in torrents and the thunder boomed and the lightning flashed like a crazy Christmas tree. And then the power failed. Everything went dark, but the guests didn't mind. The party went with an even bigger swing in the dark. Until Wilma saw something in the shadows ... and SCREAMED!

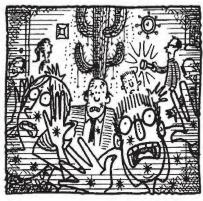
Everyone stopped talking and stared. Laughter died in their throats. Their drinks dropped on to the new carpet.

Was it just the flickering lightning — or had the cactus come to life? Yes — there was no doubt. The giant plant was wiggling and wriggling as if it were dancing!

With trembling hands Elbert switched on his torch and pointed the

light at it. And everyone began to scream at the tops of their voices. What they saw emptied the house in just 30 seconds.

The cactus was alive all right! It was alive ... with *spiders*. Deadly, poisonous, biting baby tarantulas. Their mother had laid them as eggs in the cactus and now they had hatched. And the babies were hungry!



Hundreds of tarantulas were creeping and crawling over the carpet and climbing the curtains. They were scuttling over shoes, hiding in handbags and tiptoeing up trouser legs. They would bite anything that moved and their poison was four times more deadly than a big tarantula's.

(And that's when you quietly place the toy spider on your brother or sister and shout, WHAT'S THAT IN YOUR HAIR?!)



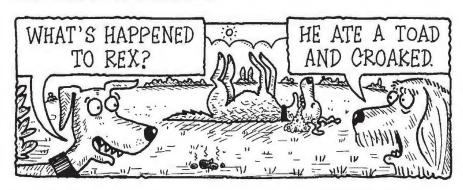
So how do you feel now? A bit green perhaps? Oh good, you'll be just the right colour to make friends with the Count's next group of poisonous pets...

FRIGHTENING FROGS AND TOADS

- 1 Frogs and toads have poison in their skin.
- **2** Some frogs go a little over the top in this area. The poison-arrow frog of Columbia, South America,

is so dreadfully deadly that just 0.0001 g of its poison can kill.

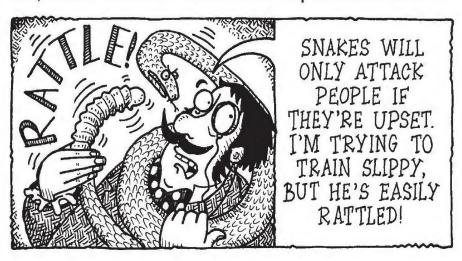
- **3** And that means that (help ... where's my calculator?) a yoghurt pot full of poison (weighing 28.3 g) could kill 2.5 million people! That's some frog.
- **4** In the 1970s scientists discovered the South American terrible frog. The poison from this frog is so deadly that the scientists had to wear rubber gloves to touch it. When a chicken and a dog touched the gloves they died.
- **5** If frogs are frightening, toads can be terrifying. A dog that chews a toad will throw up and foam at the mouth. It could die.



But there's one creature that makes even the most poisonous frog or toad look like a harmless happy hopper. On a scale of one to ten, this scaly beast is right off the scale...

SCARY POISONOUS SNAKES

So how would you like your very own poisonous snake pet? Of all the creatures in his private poison zoo, Count Vomito's favourite is his pet rattlesnake...



And now for some slippery snake secrets...



P

Painful poison fact file

Name:

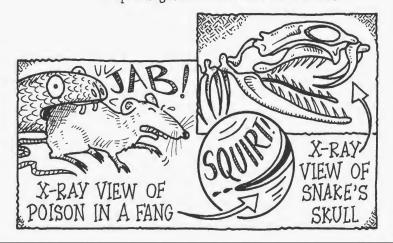
Poisonous snakes

The basic facts:

1 There are 2,300 types of snake, but only 300 are poisonous to people.

2 As Count Vomito says, no poisonous snake makes a habit of harming humans for no reason. They much prefer biting a juicy mouse or a tender baby bird. But we have an unfortunate habit of treading on them. And the snakes have an even more unfortunate habit of giving us free poison in return.

3 Snakes inject poison through hollow fangs or along grooves in their fangs. The poison is made in special glands on the sides of the head.





The painful details:

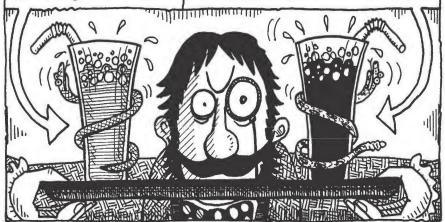


You've got similar glands on the side of your head, but they just make spit. (And luckily human spit isn't poisonous, or teachers who spray spit when they talk would kill off half their classes.)

Different snakes produce different poisons and some are more deadly than others. You can imagine them as different "flavours" and Count Vomito has just made two of them into milkshakes...

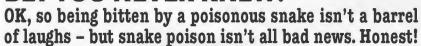
Extra-strong strawberry and nerve-poison flavour from real green mambas stops you moving for ever!

Blackcurrant and blooddripping flavour from rattlesnakes - makes the blood leak from your blood vessels, so your cells can't get enough oxygen... and die.



But if snakes can be sinister, humans can be even more horrible. In the southern states of the USA, there are festivals called "rattlesnake round-ups". Thousands of innocent snakes are killed during these cheery celebrations. The story goes that one rattlesnake rounder-upper used to grab rattlesnakes by their tails and crack them like whips until their heads flew off. One day a head flew off ... and bit him. He died.

BET YOU NEVER KNEW!



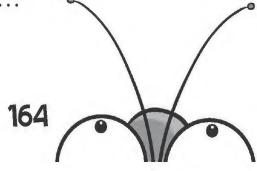
- Brazilian pit-viper poison narrows the blood vessels and raises the blood pressure, so it makes a useful drug for people with low blood pressure.
- Russell's viper poison helps the blood to clot. Some people have a condition which means that their blood doesn't clot easily and the poison is made into a medicine to help them.

The Count asked MI Gutzache if he'd like to try a snakebite and tell us what it's like. But after thinking about it for half a second, Gutzache made up his mind...



STRANGE SNAKE SCIENTISTS

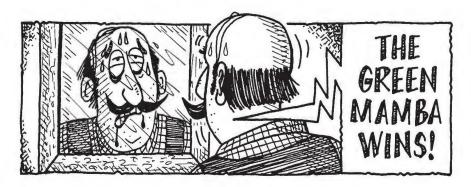
Mind you, one strange scientist really did take snake poison. Dr F Eigenberger spent the 1920s injecting his body with snake poison to test the painful effects. And he was determined to find out the truth ... even if it killed him. Here's what his notebook might have looked like...





Hmm, it sounds like the dodgy doc was one test tube short of a rack. But the most shocking thing about the test is that he weakened the poison *ten times* before he used it! If he'd tried it at full strength, it would have been exit Eigenberger.

Others weren't so lucky. In 1921, snake-show entertainer Tom Wanless was bitten by a green mamba. The next morning Tom looked really rough and was coughing up blood. He dragged himself over to the mirror and remarked...



Then he dropped down dead.

What Tom Wanless and Dr Eigenberger needed was a substance that could stop the snake poison working. In other words, an antidote — or antivenom as it's known. And you'll be delighted to hear that snakebite antidotes actually exist...



Painful poison fact file

Name:

The basic facts:



Anti-venom

1 Snake poisons are proteins. When the body detects the poison, it tries to fight it by making its own proteins called antibodies.

2 The job of the antibodies is to latch on to the poison proteins and clump them together so they can't do any harm.

3 Trouble is, in a fatal bite there's too much poison and it works too fast for the body to make enough antibodies.

4 If the body survives, it keeps some antibodies. And they can be useful if the person gets bitten again.

5 Scientists make anti-venom by injecting horses or sheep with small amounts of snake poison and taking the antibodies they make.

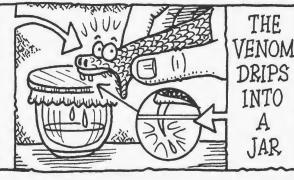


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THE POISON IS COLLECTED BY MAKING THE SNAKE BITE INTO PLASTIC FILM



The painful details:

But scientists need snake poison to give to the horses or sheep. And that means catching live deadly dangerous poisonous snakes. Anyone want to have a go? Thought not.

One person who did want to have a go was Australian snake expert Kevin Budden. Back in

1950, scientists needed to get

hold of a live taipan from

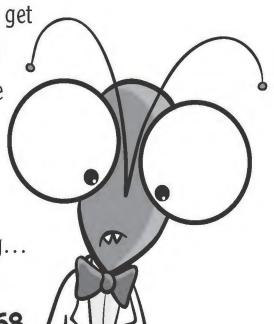
northern Australia to make

an anti-venom. So

Budden set off for

Cairns to find one. But

things went terribly wrong...



CARNS CHRONCLE 1950

BITE BEATS BRAVE BUDDEN!

We're sorry to report the death of Kevin Budden. Courageous Kev, 20, found a taipan under some stones. But before the young snake expert could bag the slippery stinger, it wrapped itself around his hands.

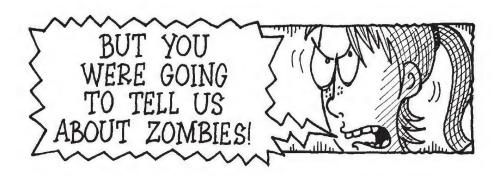


Kev needed expert help to free himself, so he asked passing truck driver Jim Harris to take him to the home of snake expert, Mr Stephens. Said Jim. "I'd never given a lift to a killer snake before but J. Harris I wasn't going to argue!" At Stephens' house Kev was again trying

to bag the taipan when it bit him. He died the following day.

But Kevin Budden's death wasn't in vain. Scientists used the snake's poison to make the first-ever taipan anti-venom.

And now for our next painful chapter — er hold on, a reader wants to say something...



OOPS, sorry, silly me! Amazingly, some scientists think that zombies really exist and that people can become zombies by drinking poison. In 1980 a man named Clairvius knocked on his sister's door in Haiti. Nothing odd about that except that Clairvius had been dead and buried for 18 years! He said that he'd been dug up and worked as a zombie slave by a voodoo priest.

Canadian scientist Wade Davis heard the story and headed to Haiti in search of the truth. He paid a priest to let him in on a few trade secrets and found out how to make a zombie. Would you like to give it a go? Thought so!

THE DIY ZOMBIE KIT

NOW YOU CAN TURN YOUR BROTHER OR SISTER INTO A ZOMBIE SLAVE IN THE COMFORT OF YOUR OWN HOME!

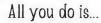


All you need is...

A brother or sister

Our special top-secret zombie poison mix, which includes real genuine baby bones and pufferfish poison.

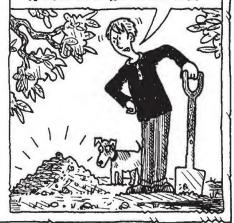
DON'T WORRY, IT'S DELICIOUS!



Give your brother or sister some poison (not too much now — you don't want to really kill them!)

With the right dose, your victim appears dead and gets buried. Then, all you have to do is dig them up and put them to work tidying your room and doing your science homework!

PROMISE YOU'LL TIDY MY ROOM - CROSS YOUR HEART AND HOPE TO DIE?



So there's NO WAY you'll be trying this at home? Well, I'm glad to hear that because it saves me the bother of telling you that there may be a law against poisoning members of your family and using them as slaves. And anyway most scientists aren't too sure that the zombie poison recipe was genuine.

So what do you think? Was Wade Davis told a load of voodoo-hoodoo? And would you be brave enough to find out the painful truth? If so, you could become a budding poison detective ... but you'll need to investigate the next chapter to be sure...

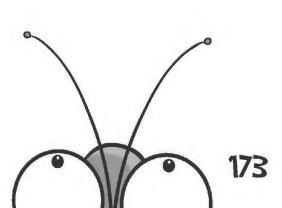


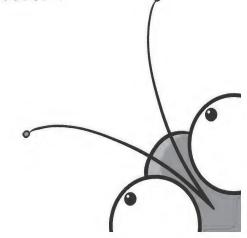


Detective Training Course! Your mission is to become a completely clued-up poison detective by the end of this chapter!

LESSON 1: FIND OUT WHERE POISONS ARE KEPT

We sent MI Gutzache (now fully recovered from his embarrassing experience in the fish restaurant) to check out this perfectly normal house...









The poison house mystery

REPORT BY MI GUTZACHE
So I got hired. It was my first bad
move. I figured I knew the score Watson could sniff out the poisons
and I'd finger the greenbacks. We'd
done it a thousand times but I
didn't know the half of it. For one
thing, I reckoned without the cat.
Now don't get me wrong, cats are OK
in their place - but that place is
Mars. I know Watson shares my
feelings...



After the kitty had been locked up, we continued our search. It was soon clear that the job was no cinch. The house contained more poison than Peter Popov's Poison Pepperoni Pizza Parlour - I mean the whole place was a danger zone! We came out with a box-load and we had to go back for more. It took six hours. We'd have been out before, but the kids' granny got mad cos we'd taken her false-teeth cleaner. And the gawd-darned cat busted out and we had to take refuge in a rest room...



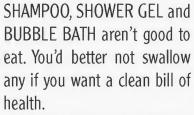
Let's take a closer look at what Gutzache found...

- MEDICINES. All medicines and pills are poisonous in toolarge doses. And so are denture-cleaning tablets.
- INSECT AND WEED KILLERS are designed to kill pests and weeds. But they can also kill

human pests and weedy people too.

- The only safe GLUE is labelled safe for children. Most modelling glue or superglue could bring a person to a sticky end.
- Things like WASHING-UP LIQUID, WASHING POWDER,





- MOUTHWASH, DEODORANT and TOOTHPASTE are fine on the bits of body they're designed for, but you wouldn't want them for dinner.
- GLASS CLEANERS and WINDOW CLEANERS may contain harmful chemicals. Breathing the mist from a spray can be *very* dangerous.
- FELT-TIP PENS. The only safe ones are marked safe for children. Their ink is water-based. The ink in "smelly" felt-tip pens may contain harmful chemicals that could cause breathing problems and turn your skin blue if you breathed them in too much.
- MATCHES. Strike-anywhere matches (the type that don't need to be struck on a matchbox) are poisonous if sucked. And only stupid suckers

- suck safety matches they can cause an upset stomach.
- TURPENTINE and WHITE SPIRIT are very poisonous. 200 years ago, doctors gave turps to patients with bladder stones. Some of them got tombstones instead.
- PAINT STRIPPERS. Don't touch them or breathe their fumes. They're designed to strip paint but they're pretty good at stripping skin too.
- ANTIFREEZE is scary stuff. Antifreeze reacts with body chemicals to make oxalic acid. So you get all the rotten results of rhubarb-leaf poisoning without eating rhubarb.
- DRAIN CLEANERS and OVEN CLEANERS are good at dissolving those stubborn bits of burnt food. And good at dissolving stubborn people who ignore the warnings on the containers.
- TOILET CLEANERS and BLEACH kill germs, *and* people if they try to drink them.



Well, that's the end of your first lesson, but before we start Lesson 2, you may like to know that drain, oven and toilet cleaners damage the skin because they're alkaline. And here are the painful details...

EVERYTHING YOU NEED TO KNOW ABOUT ALKALINE POISONS

1 Alkaline chemicals are dissolved in water. The more water there is, the weaker the chemical, as the Count is about to show us...



- **2** The atoms in an alkaline chemical pull hydrogen atoms away from any other substance they come in contact with.
- **3** As it loses hydrogen atoms, the other substance dissolves. And you would dissolve too if you had a bath in drain cleaner.



But now for some good news: if you're wondering how alkaline chemicals are made, we've persuaded an oven cleaner to spill the beans (and clean them up again).

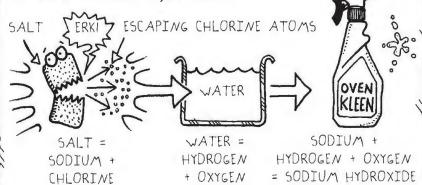
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My secret life,

by an oven cleaner ogiso

OK, so I'll come clean. Well, I'm good at that. I never wanted to be a nasty oven cleaner at all! I mean it's no fun being shut away in a dark cupboard and only brought out for vile jobs that everyone hates. Why can't I be a luxury perfume in a pretty bottle (sigh)? It all began when I was a block of salt. (Well, that's where I got my sodium atoms from.) Then I got split apart and lost my chlorine atoms and my sodium atoms got mixed with water and one quick reaction later I was sodium hydroxide!



Oh well, it could have been worse. I might have been drain cleaner or BLEACH. Ugh - just imagine someone sticking your head down the toilet and squeezing your guts! Hmm - or maybe ovens aren't so bad after all!

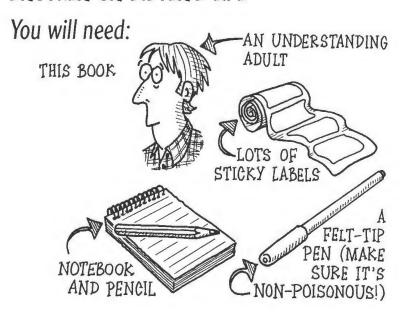


BET YOU NEVER KNEW!

Not everyone hates sodium hydroxide. There's a type of shrimp that loves it. In places such as Lake Natron in Tanzania the local rocks and water combine to make sodium hydroxide. Most creatures die in the water but it doesn't seem to bother the shrimps that live in it (in fact, they find it quite a laugh!).

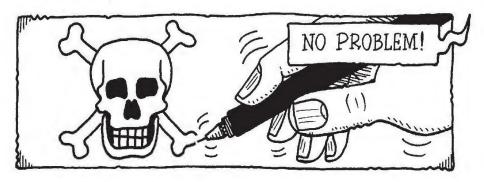
And now back to being a poison detective...

LESSON 2: HOW TO MAKE YOUR HOME A POISON SAFETY ZONE AND POSSIBLY SAVE YOUR LITTLE BROTHER OR SISTER'S LIFE



What you do:

- **1** Ask permission for this activity and make sure your baby brother or sister and pet hamster are under lock and key first. We don't want them sampling any poisons you find.
- **2** Draw a skull and crossbones poison logo on your sticky labels. Here's an arty one for you to copy thanks, Tony!



3 Tour your home putting stickers on any poisons you find – you'll be amazed by how many stickers you need!

- **4** Make a note of any poison dangers you discover such as...
- Poisons or medicines that have been poured into different bottles.



HORRIBLE HEALTH WARNING!

This is SHOCKING! Just imagine trying to shampoo your hair with oven cleaner or taking paint stripper for a ticklish cough. If your family put poisons in different bottles, it's best to ring up social services and book yourself into a children's home. It's safer!

• Poisons stored in low-level unlocked cupboards that hungry little brothers and sisters and hamsters might get at.

- Poisons with lids that little kids can take off easily.
- Medicines kept in low cupboards that aren't locked.
- Poisons in leaking containers.

5 Report any dangers to the adult and suggest they take action. The best place for poisons is locked away out of reach of troublesome toddlers.

IMPORTANT MESSAGE!

The next two lessons are about advanced high-level stuff and you may want to leave it until you get a job with the police.

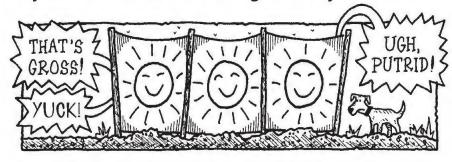
LESSON 3: DIG UP A POISONED BODY FOR TESTS

IMPORTANT NOTE!

Make sure you ask permission before digging up bodies. You wouldn't want to be chased around a graveyard by a vicious vicar, would you? And don't go digging up departed family pets to test your skills! Let Harry the hamster rest in peace!



Put up a canvas screen around the grave. A seaside windbreak will do just so long as it isn't covered in silly cartoon characters in bright cheery colours.



- Check to make sure you're digging up the right grave. It might be a bit embarrassing if you dig up the wrong body by mistake!
- Open the coffin a bit to let the smelly gases out. (Put a clothes peg over your nose first.)
- **4** Don't forget to collect some earth from the grave. There might already be poisons in the soil that could affect your tests.
- Take the coffin with the body in it away for further tests. It really is that easy (NOT)!

LESSON 4: TEST THE BODY FOR POISONS

Besides the earth you collected from the grave, you're going to need samples (small amounts) of body to test. Here's a quick list...



But before we try some poison tests you might like to know who got the science of poison testing off the ground...

Hall of Fame: Mathieu Orfila (1787–1853)

Nationality: Spanish (later French)

The scientist faced a painful choice. Should he get involved in a murder enquiry?

Factory owner Charles Lafarge was dead. His wife, Marie, was on trial for murder and the court wanted to know if she'd used arsenic. Marie had bought arsenic rat killer but the police could find no trace of the poison in Charles' body. Orfila was the greatest poison expert in France — if anyone could find the poison, he could. But if he got it wrong his enemies would crow louder than a crowd of cockerels. And an innocent woman could be executed.



Young Mathieu had studied medicine in Spain and he was such a good doctor the city of Barcelona gave him some money for more study. And that's how he came to Paris. In 1814, Mathieu produced a brilliant book about poisons, full of painful details about what they do to the body and how to detect poisons in bodies. So he was the ideal person to solve the mystery death of Charles Lafarge.

Mathieu tried a test that had been invented just four years before, in 1836. It worked. The test proved that Lafarge had been killed by arsenic and Marie was found guilty. She was locked up for life and

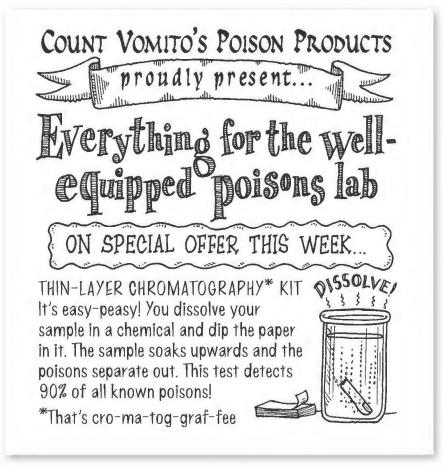
Orfila went on to carry out poison experiments on 4,000 unfortunate dogs. He founded a whole new science of poisons, which, if you want to sound dead scientific, is now known as toxicology (toxy-col-o-gy).



I'd like to say Mathieu Orfila lived happily ever after, but he didn't. After a revolution in 1848, the scientist didn't get on with the new government. He was no longer invited to top parties and offered top jobs. The stress made him ill and he died five years later. Today few people remember him or

even know where he's buried. But at least no one's dug him up yet.

And that reminds me, we were supposed to be testing the body for poisons. Well, it helps if you have some whizzy equipment — so here are a few ideal presents for all you budding toxicologists!



MASS SPECTROMETER

Use a powerful magnet to separate poison chemicals in a gas. It's something to gas about with your scientist friends.



IMMUNOASSAY

Add the poison to other chemicals to make it fairly safe and inject it into an animal. The animal makes antibodies that you can test to show you what the poison was. (Animals not supplied.)



What's that? You're not old enough for advanced detective work but you're itching to try some poison tests right now? Oh all right, here's a special experiment you can practise your skills on...



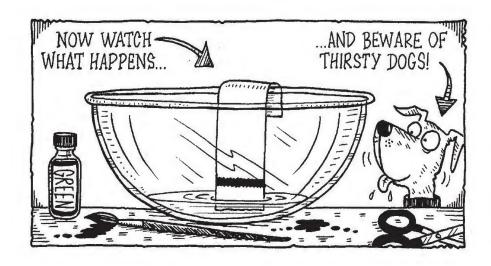
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DARE YOU DISCOVER ... HOW TO TEST FOR POISONS USING PAPER CHROMATOGRAPHY? You will need:

- Some newspaper
 A ruler
 A strip of kitchen towel or blotting paper
 5 cm wide and
 20 cm long
- Some green food colouring
 A small paintbrush
- A large pudding basin with 2 cm of water

What you do:

- **1** This is a messy experiment, so put down some newspaper or the next tests might be on *your* dead body.
- **2** Use the paintbrush to paint a blob of food colouring 0.5 cm across and 3 cm from one end of one of your paper strip.
- **3** Dip the first 1 cm of the paper strip into the water and lay it over the edge of the basin.



You should find:

The water soaks upwards. When the water reaches the food colour, other colours begin to separate out. (It takes a few minutes to happen.) You can imagine painful poisons oozing out of a sinister sample. Why not experiment with different food colourings and water-based felt-tip pens?

CONGRATULATIONS! You've nearly finished this book! But can you remember the painful details?

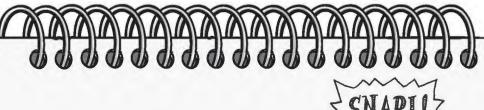
AMMANA MARKETTE

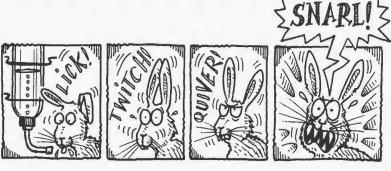
PAINFUL POISON QUIZ

Here's your chance to find out if you're a dazzling detective or a bumbling boffin. This quiz is based on facts you've just read about. If you know the info, you can solve these murderous true mysteries!

1 In 1838 a wicked wife in Germany tried to poison her husband. She made him a nice hot soup containing phosphorus. What made him suspicious?

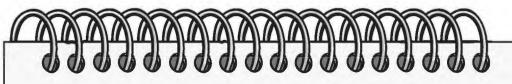
- a) The soup smelled of toilet cleaner.
- b) The soup carried on bubbling even after it went cold.
- c) The soup glowed in the dark.
- 2 In 1954 two women were poisoned by Spanish-fly juice. How did scientist Dr Lewis Nickells prove what poison was involved?
- a) He heated it until it exploded.
- b) It turned his pet rabbit into a zombie.





- c) He put some of the victim's vomit on his arm and it made a blister.
- 3 Scarlet macaws are a type of parrot that live in South America. They live off seeds and fruit, including some poisonous plants. Why don't they end up as sick as parrots?
- a) They eat clay afterwards.
- b) They get monkeys to test the fruit first.





c) They store the poisons in their fantastic feathers.

4 In 1953 Clare Luce, the US ambassador to Italy, had it all — a top job, a palace to live in, servants to look after her and a lovely old painted ceiling to admire. Then she fell ill with a mysterious illness. She suffered from sickness and diarrhoea, her hair started to fall out, she felt dizzy and she said she saw a flying saucer. A doctor found arsenic in Mrs Luce's wee. Who was poisoning her?

a) Aliens.





ANSWERS

1 c) Don't forget phosphorus glows in the dark! The only soup that does this normally is alien stew. The husband showed the soup to the police and his wife found herself glowing to jail. 2 c) The poison causes blisters, remember? (See page 149.) The scientist was very brave – the painful poison could have killed him. 3 a) The brainy birds fly off to riverbanks for a peck of clay to soak up the poison. After all, if it works for humans... 4 b) The ceiling paint contained arsenic, and it was flaking off and dropping into Clare's coffee! Mrs Luce was lucky not to lose her life. The discovery of arsenic was kept secret and no one believed Mrs Luce when she told them about the poisoning. After all, her nickname was "Arsenic".

It's frightening, isn't it? There you are sitting in your palace drinking a lovely cup of coffee ... and the ceiling is plotting to kill you! It shouldn't be allowed! There's no doubt — poisons are the most painful, scary chemicals ever ... or are they?

Are you ready to face the PAINFUL truth?



K, so it's 100% official — poisons are painful. And if you've just read this book then you won't need reminding of how painful poisons can be ... but if you have forgotten, Count Vomito will be happy to remind you...



^{*}As you'll be dead!

And because poisons are painful and deadly and dangerous — they're scary. So it's not too surprising that people like Sultan Abdul Hamid were terrified of poisons. And while we're on the subject, here's someone else who was scared of them...

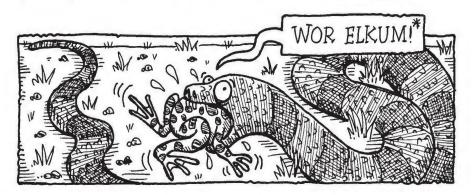




I guess the story of King Mithradates VI may hold a lesson for us. It's easy to be scared of poisons — but there are even more scary things out there. Like cruel human enemies.

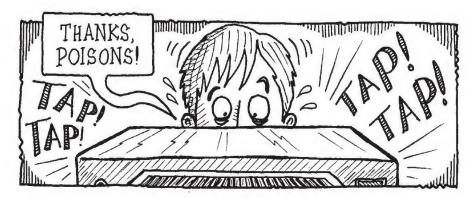
And if you think about it, should we really be scared of poisons? After all...

 Some poisons can be made into life-saving medicines — just think of those ever-so-valuable plant poisons and snake venoms. Thanks, guys!



• Some poisons can be useful in industry. OK, so you wouldn't want to drink an arsenic and lead fizzy drink. But if it wasn't for the arsenic and lead in solder, the author couldn't have typed this book on his computer.

^{*}You're welcome!

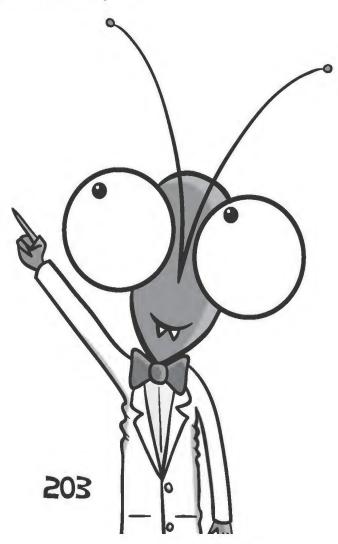


• Some substances are poisonous if you take too much of them. But in smaller doses they're vital for life. Anyone fancy a sugar lump, a glass of water or a puff of oxygen? Well, if you don't have some soon, you'll be hungry, thirsty and gasping!

It's easy to feel scared by all those thousands of poisonous plants and animals or the poisons lurking in your kitchen cupboard. But even the most painful poison, such as cyanide, is only really scary if it's used as a weapon. If it falls into the wrong hands — the hands of people who use poison for killing and murder.

So the best way to deal with poisons isn't to be scared of them. It's to learn about poisons so you can protect yourself. You see, science is about more than making new chemicals — it's about using them safely and wisely too.

Happy Horrible Science, everyone!





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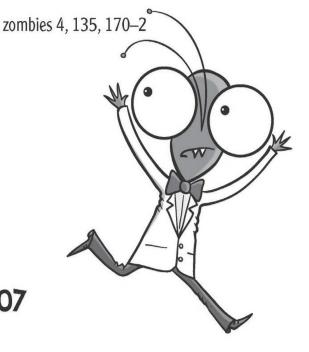
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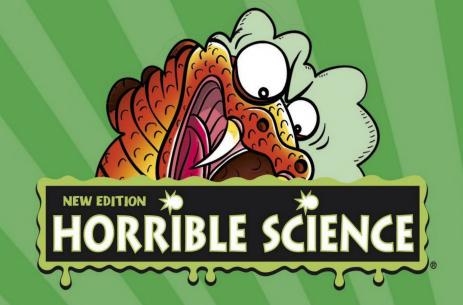
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Science with the squishy bits left in!

In this brand-new version of Painful Poison, discover all the dreadful details your teachers just won't tell you. Find out how you can turn your brother into a zombie slave and why you are breathing poison right now.

Horrible Science: Filling children's heads with mind-blowing facts since 1996



